ASD Resource Sheet

Bridge & Monkseaton Medical Practice

Where to find support services, helpful resources, local activities & groups for children, young people & adults

Services

North East Autism

Supports autistic children, young people, adults, and their families.
Contact:0191 4109974
www.ne-as.org.uk/

SPARCS

Autism and other related conditions Support Group – Promoting inclusion, friendships, and acceptance Website: sparcsne.com Social Medial: Facebook page.

Toby Henderson Trust

Supporting children and young adults with ASD, their families, and carers Contact: 0300 3653055 www.ttht.co.uk/

Autism Support & Friendship Group

Monthly Autism Group & Friendship Group-Better Together. Drop-in session 1-4.30pm at the Oxford Centre, Longbenton, NE12 8LT

LD North East

Supporting people who have a learning disability, learning difficulty and Autism From birth to older life. Groups, activities & drop-in support.
Contact: 0191 2622261

https://ldne.org.uk/

North Tyneside Disability Forum

Activities for children, young people & adults
Contact: 0191 4661667

Contact: 0191 4661667 www.ntdf.co.uk/timetable

Services

Alan Shearer Centre

Highly specialist, respite, residential and social facility for people with complex disabilities and acute sensory impairments.

Contact: 0191 2678118 www.alanshearercentre.org.uk

Pathways4All

Parent led charity providing play and leisure services for children and young people with disabilities and diagnosis.

Contact: 0191 266 5233 www.pathways4all.co.uk

Inspired Support

Support for people with autism and/or learning disabilities

Contact: 07825958024 www.inspiredsupport.co.uk/

Carers Support North Tyneside Parent Carer Forum

workshops for families and a family support service for families who have be referred www.ntpcf.co.uk

North Tyneside Carers Centre

Autism Carers support group Support group is for unpaid carers supporting someone who has autism 01916432298 enquiries@ntcarers.org.uk

Autism Hub: North Tyneside

Workshops to help with worries/action planning, practical strategies to use in everyday life.

Contact: 0191 410 9974

www.ne-as.org.uk/autism-hub-north-tyneside

Local activities & groups North Tyneside Disability Forum Shiremoor

Youth groups weekdays & weekends Contact: 0191 4661667 www.ntdf.co.uk/site/

Shiremoor Adventure Playground

Community-based, inclusive adventure playground, catering for children and young people of all abilities.

Contact: 0191 643 8300

www.shiremoor-adventure-playground-trust.org/

Additional Needs Session

Waves & Hadrian Leisure Centre's Families with children & young people with SEND will have sole use of the swimming pool facilities

Contact: 0191 643 2600 (waves) Contact: 0191 643 2025 (hadrian)

Linskill Saturday Kids Club

8–16-year-olds with a disability or additional needs. Offering games and activities.

Contact 0191 2641959

Email: enquiries@inspireyouthtw.org

North East parent & Toddler Groups

Parent & Toddler Group for children aged <5 going through the diagnostic process or with a diagnosis of autism

Contact: 07468 861 933

www.ne-as.org.uk/autism-hub-north-

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