

**BRIDGE & MONKSEATON MEDICAL PRACTICE  
NHS TRAVEL VACCINE FORM**

Full Name	
Date of Birth	
NHS Number (if known)	
Contact Number	
Home Address (inc. postcode)	
Today's Date	
Travel Destination	
Travel Dates	

Please visit [www.travelhealthpro.org.uk/countries](http://www.travelhealthpro.org.uk/countries)

Please review your vaccine history provided by the practice, if NaTHNaC has recommended any of the below vaccines, please tick and state when you last had this

Recommended	Last had
<input type="checkbox"/> Diphtheria, polio & tetanus (combined)	
<input type="checkbox"/> Typhoid	
<input type="checkbox"/> Hepatitis A (including when combined with typhoid or hepatitis B)	
<input type="checkbox"/> Cholera – see below	

Cholera vaccine is usually only recommended for travel to remote places with little or no access to medical care. The vaccine is not highly effective and best measures are good hand hygiene and using clean water.

Usually, the cholera vaccine is recommended for:

- volunteer/aid workers in disaster relief situations where cholera outbreaks are likely
- those travelling to work in refugee camps, areas affected by natural disasters
- countries experiencing cholera outbreaks where care with food and water is difficult or not possible