

Hormone Replacement Therapy

Explaining the role
HRT can have in
improving your
journey through
menopause

Ask questions

Presented by Dr. Ruth Thompson

GP with a special interest in menopause care



Join us at this free, informative menopause support session

TUESDAY 29th AUGUST 10am -12noon

Everyone Active at Houghton Sports Centre (Welfare Hall) Houghton-Le-Spring DH4 5AH



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