



kooth

Free. Safe. Anonymous.

Kooth is an online Mental Health platform for young people. **Need to talk?** Chat to our friendly counsellors.

Articles & Advice

Live Chat

Live Forums

 <https://kooth.com> 



We're by your side when you need us most.

for ages 11 - 18

and to care leavers up to the age of 25

available in
your area