

PRIMARY CARE NETWORK

PATIENT NEWSLETTER



The network is formed

**Monument Surgeries
(Galleries/Barmston)**

0191 543 8807

Dr Stephenson and Partners

0191 416 2578

Galleries Medical Practice

0191 543 5555

Concord Medical Practice

0191 4173557

**New Washington Medical
Group**

0191 563 4929

Harraton Surgery
0191 416 1641

Rickleton Medical Practice
0191 415 0576

Welcome

Dear Patients,

This Primary Care Network Newsletter is a bit different and has been created by the local surgeries in Washington. (Monument Surgeries (Galleries/Barmston), Dr Stephenson and Partners, Galleries Medical Practice, Concord Medical Practice, New Washington Medical Group and IJ Healthcare).

The reason is that surgeries in Washington are coming together to share ideas and cooperate with each other to improve patient care. Each group is called a Primary Care Network (PCN).

COVID VACCINATIONS (PRIMARY AND BOOSTERS)

Over recent weeks, the Covid infection rates have increased and all practices are encouraging patients to take up on their Covid immunisation. Patients will receive a text message from their surgery with a link which will allow them to book an appointment or if preferred, you can contact 119.

Community Pharmacy referral scheme for minor ailments:

All practices in Washington have signed up for this national service. Patients may be referred onto this service when appropriate. The practice will advise you accordingly.

NHS

NHS



GP online services
Quick, easy and secure

- Book GP appointments
- Order repeat prescriptions
- Access your GP records

NHS

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E-Consultations:

If you are struggling to get through to your practice, E-Consultations are also offered at practices (Please check your surgery's website) Follow the instructions as advised and submit your symptoms. Once completed, this is then triaged and allocated either a telephone or a face to face appointment. At times you may only receive guidance back from your surgery depending on the condition

Diagnostic Spirometry Hub:

All practices can now refer into a newly established diagnostic spirometry hub. At present, appointments are only available at Riverview and Houghton.

Over the counter medicine:

Patients are encouraged to buy medication that is available to buy over the counter for ailments that can be self-managed e.g. Paracetamol, Ear and Eye products, Emollients for dry skin etc.

Meet Lynne Richards – Mental Health Practitioner



My name is Lynne Richards I have been a qualified mental health nurse for 19yrs, where I have worked in a variety of different areas and services.

More recently I have been appointed into a new role as a mental health practitioner, where my role will now be to work as part of the team within GP practices within the Washington localities.

I am very excited and looking forward to this new role, and hope that my service will be of benefit for all patients who may experience mental health difficulties, where the GP can make a referral to myself, where I can arrange reviews of need, to ensure that all patients are seen in a timely manner, and the relevant support, advice or intervention can be offered.

Looking forward to working with you all very soon!.

Lynne



The NHS App

Simple and secure access to a range of healthcare services