

SUPPORT FOR YOUNG CARERS

Please inform reception if you are a "Young Carer". We will record this on your medical records, with your consent.

We can provide information and access to Sunderland Carers Centre who support "Young Carers".

We can also accommodate appointments around your caring responsibilities i.e. early morning, or after school/college.

YOUNG PEOPLE'S CORNER

Please feel free to visit our "Young People's Corner" located at Barmston Medical Centre. You do not need to have an appointment, you can simply pop in and access information.

USEFUL NUMBERS & WEBSITES

Childline

0800 11 11 (24 hours)

www.childline.org.uk

FPA

www.fpa.org.uk

Self harm

www.healthtalk.org/self-harm

Patient UK

www.patient.co.uk

Visit the practice website for further useful links.
www.sgpmadicalpractices.co.uk

SUNDERLAND GP ALLIANCE MEDICAL PRACTICES

Galleries Health Centre

Washington
NE38 7NQ



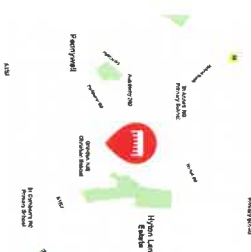
Barmston Medical Centre

Westerhope Road
Washington
NE38 8JF



Pennywell Medical Centre

Portsmouth Road
Sunderland
SR4 9AS



South Hyton Surgery

2 Union Street
South Hyton
Sunderland
SR4 0LS



HEALTH CARE FOR YOUNG
PEOPLE AGED 13 - 16

Aged 13-16 year olds?

Take the

Health Check

Get in touch with us for further information

 0191 543 8807 (Galleries, Barmston, Pennywell)
 0191 534 1007 (South Hyton Surgery)
 sgpa.medical.practice@nhs.net
 www.sgpmadicalpractices.co.uk