



# HASP NEWSLETTER

HASP is your local Primary Care Network working together for Kingston Health, Orchard 2000, Goodheart Surgery, Dr Raut Partnership and Laurbel Surgery

May 2023

## And the Winner is...

We recently ran a competition in our surgeries and on Facebook for our younger patients to design a poster all about "Celebrating the NHS". We had lots of brilliant entries from across all of our practices in the city and we asked one of our GPs to choose a winner. She liked them so much that we couldn't choose just one, so we picked a 2nd and 3rd place too!

Well done to all of our entrants, whose posters will be displayed in their surgeries. The top three chosen will be displayed in all the surgeries HASP covers as well as a £20 Amazon voucher for the winner, £10 for second place and £5 for 3rd place. Keep your eyes peeled in the reception areas and on Facebook for more competitions in the future!



1st Place Winner



2nd Place



3rd Place



@HASP.PCN

@KingstonHealthHullGP

@LaurbelSurgery

@GoodheartSurgery

@DrRautPartnership

@Orchard2000GP



# Healthcare Open Day Featuring AgeUK in May

As you may know, the PCN have been holding Healthcare Open Days every few months as a chance for our patients to drop in and see what the PCN is all about and what services we can offer as well as a chance to sit and chat with our Personalised Care Team. We also provide lots of information on local services available to patients to help with things like quitting smoking, mental health and general support.

We held an event in April in west Hull that was really successful. We had lots of people attend and referred many patients into the Personalised Care Team's specialities: Health and Wellbeing coaching, Social Prescribing and Mental Health Support. We were also checking people's blood pressure, weight and BMI too. This is something we will be bringing to all of our future events. We are planning to hold an event most months and are now going to be in other areas as well as west Hull. We hope to see lots of people there on the 15th May at St Columba's Church in Sutton.



**HEALTHCARE  
OPEN DAY**

Monday 15th May  
11am - 2pm

St Columba's Church  
Garden Village  
HU8 8PA

Our Personalised Care Team will be here to discuss health and lifestyle, mental health and social issues

We also have in attendance:



Please feel free to pop in for a blood pressure and BMI check\*

\*all results are relayed to your GP surgery and are confidential

## Remember surgery closures for this month..

May is usually a very busy month and this year we have an added day off to look forward to thanks to the King's Coronation. The practices will be closed on all three bank holidays this month. These are:

- **Monday 1st May - Early May bank holiday**
- **Monday 8th May - King's Coronation**
- **Monday 29th May - Spring bank holiday**

As the surgeries will be closed from the previous Friday evening, should you require any medical assistance during these times you can

call NHS 111. However, if the situation is life threatening please call 999 or attend A&E. You can also see your local pharmacist for minor issues such as coughs, colds, sore throats, stomach troubles and minor aches and pains as well as the GP out of hours services at the Wilberforce Centre and Bransholme Health Centre.

The surgeries will also be closed on Tuesday 23rd May from 12:30pm for staff training. They will reopen from 8am the next morning.



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