

## **Minutes of the Patient Participation Group Meeting**

**Wednesday 10<sup>th</sup> October 2018 at 15.00**

**Dr I.M Raja & Partner, Little Horton Lane Medical Centre**

### **Attendees**

**Susan Odonoghue**

**Iwona Dylag- Barszcz**

**Dr A Khokhar**

**Tim Seel (Yorkshire Clinic)**

**Dr Kukreja Consultant Obstetrician and Gynaecologist**

Dr Kukreja came to present a general women's health talk which included lifestyle, optimum BMI, smears, breast self-check, Planned Parenthood.

She provided a presentation which included information and statistics for breast screening and Cervical screening.

She gave a talk on lifestyle choices was very informative explaining the reasons behind the genes we carry determining what we look like and how likely we are or are not to have weight problems.

Dr Kukreja showed us a presentation on the fertility cycle and how to plan for a healthy pregnancy and parenthood tips.

We had very good attendance and Dr Kukreja stayed on after the meeting to speak to most of the patients to answer questions they put to her.