

Stainland Road Medical Centre is taking part in the following research programme:

BEACON is an online clinical trial for people with Long Covid who are experiencing brain fog or having problems with their memory and brain health. It aims to test a brain training app in people aged 18 and over and will last six months. People can take part from home by registering for the trial on their smartphone, device or computer. BEACON will involve over 1500 people across the UK.

BEACON aims to provide better understanding of how we can treat and support people with Long Covid who have concerns about their brain health.

Who can take part?

BEACON is open to anyone over 18 who has had Covid-19 and is experiencing problems with their memory or brain health. Examples include brain fog, unusual lapses in memory, problems concentrating and difficulty performing day-to-day tasks. You need to have access to a smartphone, device or computer with an internet connection and be able to speak English.

What does it involve?

The BEACON trial is six months long. You can take part online, at home, for free.

You can register at <https://beaconstudy.org.uk/> After reading an information sheet and giving consent to take part, you will be asked to complete a set of questionnaires and brain tests on your computer or device. You will then be randomly allocated to one of two groups and will have access to six brain training games. You can log in and play the games as often as you like. We recommend playing at least three times a week for ten minutes.

By taking part you will be joining a national community of people with Long Covid who are contributing to vital research into brain health and Covid-19.

The BEACON study complies with all legal requirements for research and ensures all of your data is protected and secure.