

Better Lifestyle Better Health Better You

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Do you:



Want to learn about living a healthier lifestyle?



Want to lower your risk of Type 2 Diabetes?



Need motivation to become more socially active?

Join Us

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Sessions held at:

Hanson Lane Enterprise Centre, HX1 5PG

For further information contact the

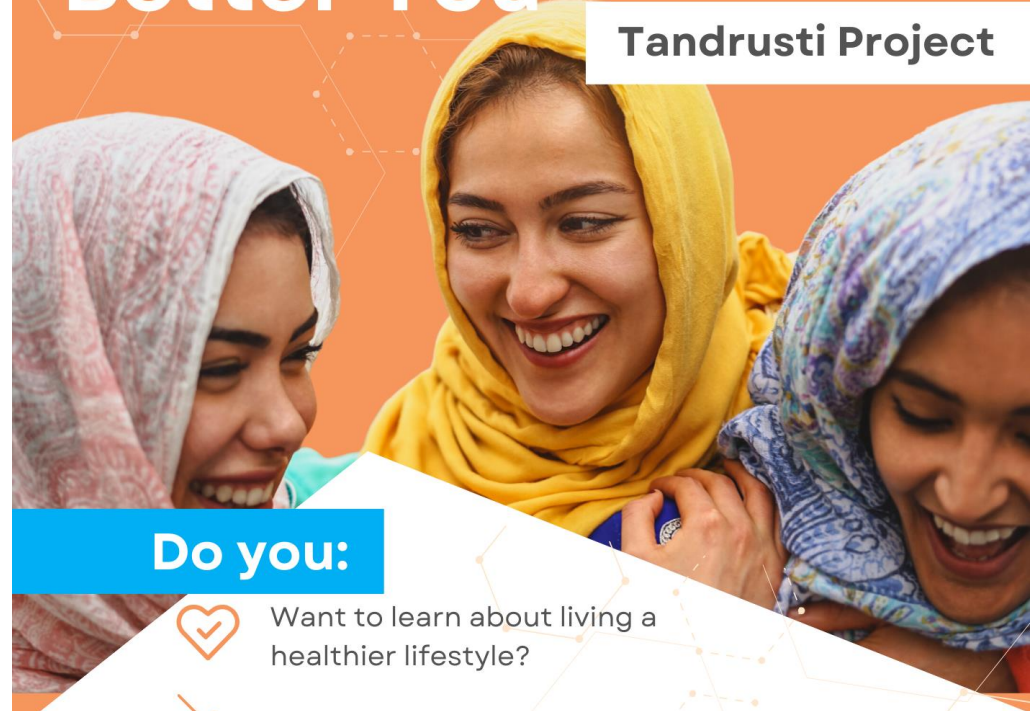
Tandrusti project team on: **01422 347392**

community & wellbeing

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