

# OVERGATE HOSPICE *Hub*

## DROP IN!

**Are you an adult living with a progressive life-limiting illness?**

The Overgate Hospice HUBs provide support, advice, education, and signposting from our dedicated team of professionals, as well as the chance to meet others in similar situations and join in with diversional therapies like crafts and activities, in a safe and understanding environment.

Drop in to **The Kings Centre**, Park road, Halifax, HX1 2TS **between 10am-3pm** on the **1st Monday of every month** (excluding Bank Holidays).  
*See reverse for upcoming session dates.*

If you feel you can benefit from attending your local Overgate HUB, you are welcome to drop in to the next session with a carer, family member or friend.  
*No referral or appointment is needed.*

Call us on **01422 379151** or email **info@overgatehospice.nhs.uk** if you would like more information.

It's nice to be around people, in a safe environment, and we spend the first part of the session chatting to each other and seeing how everyone is. Then there are a variety of activities and we can choose what we want to take part in.

**2023  
DATES:**

**6TH  
MARCH**

**3RD  
APRIL**

**15TH  
MAY**

**5TH  
JUNE**

**3RD  
JULY**

**7TH  
AUGUST**

**4TH  
SEPTEMBER**

**2ND  
OCTOBER**

**6TH  
NOVEMBER**

**4TH  
DECEMBER**

**EVERY 1ST  
MONDAY OF  
THE MONTH**