



Dr D Ashraf
Dr K R Shaw

To Whom It May Concern

Please allow this pupil access to the toilet during the school day. Given the unpredictability of bowel, bladder and menstrual functions, children, like adults cannot always predict when they need to use the bathroom and so freedom to use the facilities is needed.

Anxiety due to explaining these requirements in front of peers and to teachers can be extreme and can lead to fluid and food restriction which runs the risk of dehydration, urinary retention and constipation which lead to further toileting issues.

Yours faithfully

Electronically Authorised

Dr D Ashraf / Dr K Shaw
On behalf of Meltham Group Practice