**WEBSITE – ADHD – ADULTS**

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| **NHS 5+ YEAR WAIT**  You will need to fill out an assessment form. You can request this via email. Please state that you wish to be referred on the NHS and the form will be printed for you to collect. |

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| **RIGHT TO CHOOSE – PLEASE NOTE THAT WE DO NOT PROVIDE A SHARED CARE AGREEMENT FOR MEDICATION WITH THE GP SURGERY.**  Please feel free to research other options available to you, however, some of the clinics that we refer to are:-   1. Psychiatry UK – waiting time approximately 6-12 months. You will need to provide a covering letter giving a brief reason why you wish to be referred. You will also need to fill in an ASRS scale and letter. You can download these from the website directly, or send an email asking for us to print these forms off for you to collect. 2. ADHD360 – waiting time approximately 6-12 months. You will need to fill in an ASRS scale and waiting list risk assessment. You will also need to provide a covering letter giving a brief reason why you wish to be referred. You can download these from the website directly, or send an email asking for us to print these forms off for you to collect. 3. Clinical Partners 7-12 months wait – Aged 16+ only. You will need to fill in an ASRS scale. You will also need to provide a covering letter giving a brief reason why you wish to be referred. You can download this from the website directly, or send an email asking for us to print these forms off for you to collect.   **THE ABOVE WAITING TIMES ARE APPROXIMATE – PLEASE CONTACT THE PROVIDER FOR**  **UP-TO-DATE INFORMATION.** |

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| **Once you have made a decision and chosen your provider, please email the surgery giving details of the following:- NAME, DOB, CHOSEN PROVIDER, BRIEF REASON FOR REFERRAL AND WHICH ASSESSMENT (ADHD, AUTISM OR DUAL).**  **When the forms have been printed, you will be sent a text message when they are ready to collect. Please** |

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| **Once the forms have been completed, please email or hand them in to the surgery. Once your referral has been sent, you will receive a confirmation text message. If you do not receive a confirmation text within 4 weeks, please contact the surgery.** |

**IF YOU REQUIRE A DUAL ASSESSMENT (ADHD & AUTISM) – we tend to use Psychiatry UK or Clinical Partners.**

**Email –** [**armleymedical.practice@nhs.net**](mailto:armleymedical.practice@nhs.net)