

Oulton Medical Centre
Tel: 0113 282 2138

Marsh Street Surgery
Tel: 0113 282 1571

Swillington Health Practice
Tel: 0113 287 1444



Oulton Medical Centre

Quarry Hill, Oulton,
Leeds, LS26 8SZ

Practice Email:
oultoum.marshstreet@nhs.net

Practice Website
www.oultoumedicalcentre.co.uk

Find us on Facebook
[@oultoumedicalcentre](https://www.facebook.com/oultoumedicalcentre)

Oulton Medical Centre - ADHD Policy

- At Oulton Medical Centre we are supportive of patients seeking a diagnosis and receiving care for ADHD related matters. We are happy to make referrals within the NHS.
- We recognise that the NHS service in Leeds is not currently accepting new referrals and patients have a right to seek referral to alternative providers via the Right to Choose referral process.
- Currently referrals can take many years to reach a point of diagnosis and further time to get to a point of initiating medication (if appropriate) due to high demands and long waiting lists.
- With reference to medication on the NHS for the treatment of ADHD, we are able to enter into shared care agreements with recognised, CQC inspected and CQC certified UK based Consultant-led ADHD clinics, both in the Private sector and through the NHS, within parameters as laid out below.
- We will endeavour to continue medication supply on an NHS prescription only following treatment initiation and stabilisation by a CQC inspected and CQC certified specialist Consultant-led ADHD service who have provided suitable and clear instructions about treatment and monitoring. This is subject to the appropriate ongoing monitoring taking place by a CQC inspected and CQC certified specialist ADHD service and the availability of those medications locally at any given time.
- We would provide baseline investigations in-line with what the local NHS ADHD service would ask for. We reserve the right to decline to do monitoring or investigations (such as cardiovascular examinations or ECGs) if this would not be standard protocol with the local NHS ADHD service.

- Changes to medication or treatment can only be done with the written advice and guidance of a CQC inspected and CQC certified specialist Consultant-led ADHD service. This is in the interest of patient safety.
 - In the event of a private CQC inspected and CQC certified specialist ADHD service ceasing to trade or discharging their responsibilities to share the care of a patient with ongoing medication requirements we would reserve the right to suspend ongoing NHS prescriptions in the interests of safety; Until an appropriate CQC inspected and CQC certified specialist ADHD service could take over that role. This may result in a further referral to a local NHS ADHD Medication service or a CQC inspected and CQC certified Private service and a delay or break in prescriptions as a result.
 - Patients will need to remain under the care of a CQC inspected and CQC certified specialist ADHD service for an annual review to monitor the effects of medication and to assess the on-going need for the treatment. We will not be able to continue NHS prescriptions without that arrangement in place including correspondence from those services summarising those reviews, for safety reasons.
 - Patients arriving in the UK from abroad, who have had assessment and treatment initiated outside the UK will be referred to a UK based service for review. We may be able to provide bridging prescriptions pending an assessment in a UK clinic, but this would be at the discretion of the prescribing clinician and dependant on availability of the medication. If the treatment falls outside normal UK practice, advice will be sought from a CQC inspected and CQC certified ADHD specialist service before prescribing any medication and that may incur delay.
 - We are not able to provide bridging prescriptions for patients who have initiated treatment themselves, or through non-CQC regulated clinics. On the basis of safety, we will provide monitoring (pulse, blood pressure, weight etc) but cannot provide advice on dosing. We may offer to refer you to a CQC inspected and CQC certified specialist ADHD service.
 - Treatment on the NHS will only be considered if it is recommended within its licensed dose, form and indication. This is for patient safety and to remain within our prescribing competencies.
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