



## Oral Health Awareness Training

*open to all anyone in a caring role, paid or unpaid who are supporting people with a learning disability, mental health needs or autistic people*

This 90-minute session aims to increase knowledge and understanding of oral health care.

The session will be delivered by:

Emily Grayson, Dental Nurse and Oral Health Advisor &  
Joanne Charlesworth, Oral Health Promotion Manager

Session aims:

- To recognise the difference between a healthy and unhealthy mouth
- Recognise how diet affects dental health
- Carry out an effective tooth brushing technique
- Care for dentures and the mouth
- Show a knowledge signs and symptoms of the mouth and the appropriate care

Day	Date	Booking Link
Tuesday	13 <sup>th</sup> August 2024	<a href="https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=12334">https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=12334</a>
Tuesday	24 <sup>th</sup> September 2024	<a href="https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=12335">https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=12335</a>
Tuesday	<u>22<sup>nd</sup> October 2024</u>	<a href="https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=12336">https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=12336</a>
Tuesday	26 <sup>th</sup> November 2024	<a href="https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=12337">https://stlukes.accessplanit.com/accessplan/checkout/AddItems?coursedateid=12337</a>

If you have any issues registering, please contact: [echo@hospicesheffield.co.uk](mailto:echo@hospicesheffield.co.uk)

