



Welcome to our newsletter, providing updates within the surgery and information on services that we hope you will find useful.

Have your say in what we publish by sending your suggestions to us at: [priory.view@nhs.net](mailto:priory.view@nhs.net)

### Long Covid support

Most infections with Covid resolve within four weeks but sometimes symptoms can be on-going. If you're concerned about any of your symptoms and it's been four weeks or more since you became unwell with Covid, please contact us and we will book you in for a consultation with one of our GPs who can then assess you and provide access to further assessments or support you might need.

[www.yourcovidrecovery.nhs.uk](http://www.yourcovidrecovery.nhs.uk) is an excellent source of information and advice about recovering from Covid.

### Cancer Screening

The NHS has prioritised cancer throughout the pandemic, reflected by the fact that treatment levels have been back at 100% since this time last year and referral levels have been at record highs.

One of our Patient Participation Group members, Harry Shields, experienced this first-hand when he was diagnosed with liver cancer last year. For the past three years, Harry has been taking part in a clinical trial (called iBEAT) and part

of the research involved having an MRI scan; it was following this scan that liver cancer was first suspected.

Once the diagnosis had been confirmed by the team at Leeds, radiotherapy was used to treat Harry's cancer – which he received throughout September last year – and the good news is Harry responded so well to treatment and has made such a great recovery that he is now busy planning a holiday to Spain.

National awareness campaigns continue to focus on the benefits of early screening and how it can help stop cancer before it starts, which is why the NHS has been urging people not to ignore screening invitations.



Unlike some cancers with clear symptoms, **prostate cancer** is a bit more complicated because it doesn't cause symptoms at an early stage. For this reason, Prostate Cancer UK has designed a **30 second risk checker** to help men understand their risk of prostate cancer and to then make an informed choice about the PSA

test. ([prostatecanceruk.org/risk-checker](http://prostatecanceruk.org/risk-checker)).

### Primary Care Network News



We would like to extend a warm welcome to Matt Wareing, the new Community

Support Worker for Armley PCN. Matt will be working alongside Russ Giles (our Men's Health & Wellbeing Coach), taking part in the Wake Up Wednesday group, as well as running his own Monday group and seeing service users individually.

Before joining the team, Matt worked as a Mental Health Nurse in Leeds for 18 years and is returning to work following a few years as a full-time Dad to his two youngest children. He is really looking forward to working with Russ and building on all the great work going on locally!

### Spirometry Services starting

Spirometry is a simple test use to help diagnose and monitor certain lung conditions by measuring how much air you can breathe out in one forced breath. Because of the pandemic, these tests were put on-hold. The good news is, from May, we will be starting this service up again and our nurses will be getting in touch with patients who are due a review.





Please bear with us if it takes a while to get in touch as we have quite a back-log of patients to get through.

### Priory View Team News

This Spring marks two milestones at Priory View as Dr Foster celebrates his 30<sup>th</sup> Anniversary working at the surgery and our Reception Supervisor, Lynda, celebrates her 20<sup>th</sup> Anniversary.



Dr Foster joined the practice in 1992 and has always been passionate about addressing health inequalities and making sure our patients have the best possible access to health care. He has been Clinical Director for the Armley Primary Care Network since its formation in 2019 and continues to work in collaboration with our neighbouring practices, Thornton and Armley Medical Centre (*most recently as the 'Hub' for the Covid Vaccination programme*) to improve the lives of patients in the area.

Lynda has always loved the variety of work that comes with being part of a busy reception team. She has acquired a wealth of knowledge

and experience that our patients (and the team) all benefit from. She has a passion for what she does and cares so much about the team at Priory, our patients and the practice – we have been so lucky having her at Priory.

Because we are a designated 'training practice', every six-months we welcome new Registrars to our surgery and we have a proud record of employing former trainees; Drs Burkill, Tonse, Kapugama, Atha, Cheung and Matthews all started here as trainees! We appreciate this means you might not always get to see the same GP for every appointment but this should not affect the quality of care you receive.

On this note, we would like to welcome Drs Chana, Kayani, and Patel to Priory View who are all with us until August as part of their GP medical training.

Finally, we were delighted to receive an award from [Armley Helping Hands](#) for 'Outstanding Contribution to the Community' earlier this year. 😊

### Nearly New Wortley

This March sees the opening of a pre-loved charity shop at New Wortley Community Centre. Donations of children's and adult's clothing, baby goods, bric-a-brac and books can be dropped off between 10am-2pm, Monday to Friday. As well as saving money,

buying something second-hand is an environmentally friendly way to shop whilst directly supporting your local community!

### Patient Participation Group

Would you like to be involved in helping to improve the experience of our patients? If so, we would love to hear from you.

You don't need any special skills or experience; you just need to be passionate about great quality healthcare.

Please contact our Reception team if you would like to register your interest.

### Opening times



#### Priory View

Monday	08:00 – 18:00
Tuesday	07:30 – 18:00
Wednesday	08:00 – 18:00
Thursday	07:30 – 18:00
Friday	08:00 – 18:00

**Week-night evening telephone enquiries answered between 18:00 – 18:30.**

#### Armley Hub @ Priory

Saturday	08:00 – 13:00
Sunday	08:00 – 12:00

### Training Days

Priory View will be closed from 12pm on 17<sup>th</sup> March and 19<sup>th</sup> May.

