



Autumn Covid & Flu Vaccines

This October, we will be inviting eligible patients in for their annual Flu and Covid booster vaccinations. Most appointments will be offered during one of our Sunday clinics and invitations will be sent via text message, enabling patients to book themselves into one of the available time slots.



This is the Department of Health's annual stop smoking campaign, based on evidence that if a smoker makes it to 28 days smoke-free, they are five times more likely to stop for good.

While smoking rates have dropped in recent years, over 5 million people in England still smoke and smoking remains the biggest cause of preventable ill health and death.

Smokers lose on average 10 years of life, or around 1 year for every 4 years of smoking after the age of 30.

Getting support from local services gives you the best chance of quitting smoking successfully: - Leeds Stop Smoking Services provides expert guidance and support to people wanting to stop smoking. You can self-refer via their website www.leadstopsmoking.co.uk or call 0800 169 4219.

NHS Better Health also has a range of tools, including a Quit Smoking app that helps you track your progress and see how much money you're saving.

Spotlight on RSV



From the beginning of September, the NHS is rolling out a new vaccination for respiratory syncytial virus, also

known as RSV.

RSV is a very common but potentially serious infection – as many as 9 in 10 children will have had it by the time they're two, and most of us will have it several times in our life. Symptoms include a cough, sore throat and a runny or blocked nose.

Although RSV usually gets better by itself, it can be dangerous for babies and can lead to bronchiolitis which makes it hard for babies to breathe. It can also be serious for older people, particularly those with heart or lung conditions or a weakened immune system, as it can lead to serious illnesses such as pneumonia.

From 1st September, all adults turning 75 will be invited to get their RSV vaccine and will remain eligible until the day before their 80th birthday.

If you are already aged 75 to 79 years old on 1st September, you will be sent an invitation to book into one of our clinics for your vaccine as part of a nationwide catch-up campaign.

Women who are 28 weeks pregnant or more will be able to get a vaccine too, giving vital protection to their baby in the first few months of life. The vaccine will be given to most women by the Leeds Teaching Hospitals.

Priory View Team News

We would like to extend a warm welcome to our new GP Registrars: Dr Oba and Dr Vijay are with us for a year and Dr O'Dowd, Dr Awobem, and Dr Sangal are here for six months.

Priory View Medical Centre Autumn Newsletter '24



Last month we said goodbye and good luck to Dr Morris and Dr Izani, who have finished their GP training and have both gone on to find GP positions in other medical practices. Dr Shacfe, Dr Aish, and Dr Wong continue their training at other practices and hospital placements.

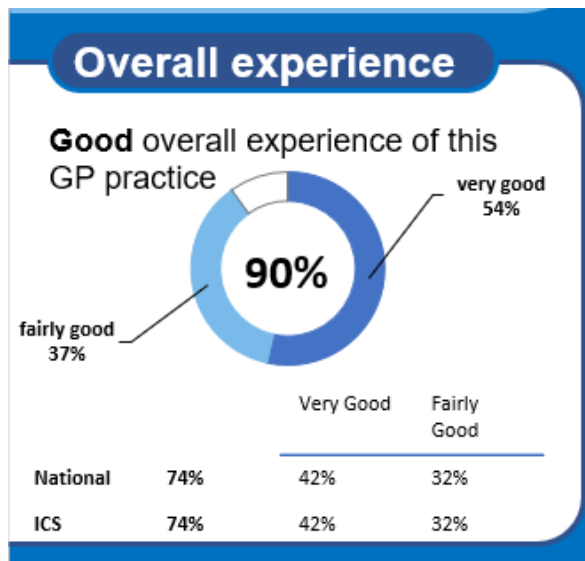
Walk-in Cervical Screening

We are planning to run another walk-in cervical screening clinic later in the year following the success of the clinic we ran in collaboration with Thornton and Armley medical practices in June.

The clinic will run on a Saturday with no appointment necessary and we will be encouraging anyone who is due/overdue with their screening to come forward.

Patient Survey 2024

The annual GP Patient survey, independently conducted by Ipsos for NHS England earlier this year, put Priory View in the top four highest rated surgeries in Leeds with 90% of our patients rating their overall experience as very good (54%) or fairly good (37%)



Barca-Leeds, the community-based charity, have recently added a couple of new support groups to the services it offers: **Connect To Grow** is a group for parents and adults who self-identify as having experienced a childhood trauma. Support provided will include weekly cuppa-and-chat groups where people will be able to develop healthier ways of managing mental wellbeing and relationships as well as being with others who have similar experiences.

Building Bridges supports the mental health needs of young people transitioning into adulthood through 6 to 8 weekly groups and one-to-one support, with young people being able to connect with others facing similar challenges.

To find out more about what each group can offer, please speak to one of our Social Prescribers or visit www.barca-leeds.org.

DNA (did not attend) appointments

We would like to remind all patients to let us know as soon as possible if you need to cancel your appointment. Failure to do so leads to other patients having to wait longer than would otherwise be necessary and wastes valuable clinician time. **In August alone, 149 patients did not attend their appointment with us.**

Training days – the surgery will be closed for training from 12pm on 26th September, 17th October & 28th November.

Priory View Opening Hours: Mon, Wed, Fri 8am – 6pm, Tue, Thu 7.30am – 6pm
Armley Hub: Sat 8am – 5pm