



Spring 2022 Newsletter

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GREENER PRACTICE SCHEME

The practice has now signed up to the greener practice scheme for 2022/23.

The NHS has set out a national ambition which is to deliver the worlds first net zero health service.



As part of the scheme we the practice, need to look at ways to reduce our carbon footprint and engage staff and patients in our initiatives.

The surgery has already undertaken a few steps to help create a greener practice.

- Water bottles were purchased and provided to ALL staff to reduce the use of unrecyclable plastic bottles.
- LED desk lamps were purchased and provided for admin staff at Kippax health centre to help reduce the amount of electricity used during working hours.
- The practice has begun to purchase recycled paper for office use.
- The practice has always recycled cardboard and paper weekly at Kippax health centre.

These are just a hand full of things the practice has done to create a greener surgery. Any suggestions as to what else the practice can do would be hugely appreciated. Please email any thoughts to gibsonlaneppractice@nhs.net with the subject 'GREENER PRACTICE SUGGESTIONS'.

BOOK DONATIONS

During covid, the practice had to stop accepting book donations. We are now happy to announce that we are now accepting them again. Over the next coming weeks, we will arrange a collection box to be set up in reception at Kippax health centre. If you would like to donate to Hazelwood avenue or Monk Fryston, you can hand your donations to the re-ception team. All proceeds from sales will be donated to local charities.



Spring booster covid vaccine programme

All patients aged 75 years and over, those in care homes and those aged 12 years and over with a weakened immune system are being offered the spring booster.



Invitations will be sent out via text message to all eligible patients. If you do not have a mobile number, you will be contacted by one of our reception team directly.



DO WE HAVE A MOBILE PHONE NUMBER FOR YOU? we have over a 1000 patients with no mobile recorded. We are now using links as a way for patients to receive information and be invited to book different types of appointments e.g.

covid and flu vaccines, your annual reviews etc. Please do not worry if you do not have a mobile! We will still invite you for any appointments you are eligible for by having our reception team call you.

BOOKING OF FACE TO FACE APPOINTMENTS ONLINE

During covid our face to face appointments were removed from our online booking system to allow our receptionists to screen patients for covid before attending the surgery. As a practice, we are now re starting the service for patients to book face to face appointments online.

If you would like access to our online booking system, please contact our reception team and they can provide you with log in information.

If you have any symptoms that could be covid e.g. high temperature, new cough, loss of sense of taste or smell please be mindful of other patient and staff and perhaps book a telephone appointment with a GP first.

NHS APP

The NHS app is similar to the practice online system. It is free to download and is a safe, secure and easier way to book appointments, order repeat prescriptions, and view your medical records at any time, as well as getting medical advice and your COVID-19 passport whenever you need it.

Any patient aged 13 years or over registered with an NHS GP surgery in England or the Isle of Man can create an account.

The practice will be updating our website with further information regarding the NHS app.





Wearing of Facemasks in the practice

Although face masks are no longer required in many public settings, please can we remind all patients that they are mandatory for everyone accessing or visiting a healthcare setting

Patients **MUST** continue to wear a FACE COVERING to keep our patients and staff safe.

PRIMARY CARE NETWORK STAFF

The practice is now providing many different services to help with the shortage of GP appointments. We now have the following services available that reception may offer you if appropriate.

Linking Leeds social prescribing - This service offers support to patients struggling with a range of issues incl. housing, benefits, money, social isolation or anything else. You can self refer to this service via <https://linkingleeds.com/referral-form/> or on 0113 336 7612.

Healthy Minds service - This service offers a virtual mental help support service for patients aged 18 and over who are feeling low, anxious, stressed, experiencing poor sleep or have had a recent bereavement.

Health & Wellbeing Coach - This service is to support patients with behaviour change or empower them to self manage their health conditions via a what matters to me approach to enable them to become the happiest & healthiest version of them.

Virtual physiotherapy - This service offers a virtual assessment to provide an initial diagnosis in relation to an issue. It can also provide patients with information on pain relief and appropriate exercises.

Community Pharmacy Consultation Service

This is a new NHS service to help us ensure that patients get care as quickly as possible. The receptionist may refer you for a private consultation with a community pharmacist and they will ask about your medical history, symptoms and current medication, in the same way a GP would ask you about them. The pharmacist will provide you with advice and can sell you an over the counter product where required. They will also send details of your consultation back to us at the surgery. You will be contacted for an initial telephone consultation to assess your condition and you will be given advice about your symptoms and any ongoing selfcare.

Physicians Associate & GP Registrar

You might find you are offered an appt with our Physicians Associate Amina Osman or our GP Registrar Dr Hina Kishwar. Both members of staff are medically trained healthcare professionals who will be working alongside our doctors to help provide more appointments for patients to access.

Staff news:

After 28 years as a partner in the practice. Dr Diana James has retired on March 31st 2022. On behalf of the practice, we wish her all the best in her retirement.

Dr Wells and Dr Kapolyo are both now back from maternity leave offering telephone and face to face appointments.

We welcome the following new staff:

Dr Samantha Robinson has joined the practice as a GP working part time.

Practice pharmacist, Mr Ticklesh Raman.

Finally, Samantha Mwayera, practice nurse.

Target Training dates.

We will be closed from 12pm for training on the following dates:

Tuesday 7th June 2022

Tuesday 28th June 2022

Tuesday 26th July 2022

Tuesday 13th September 2022

Tuesday 11th October 2022

Tuesday 15th November 2022

Tuesday 17th January 2023

Tuesday 7th February 2023

Tuesday 7th March 2023