

Ashfield Medical Centre & The Grange Medical Centre



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Patient Participation Group (PPG)

As a practice we are committed to continually improve our service to patients. We have found that feedback from our patients is vital to help us do this.

We have re-launched our PPG and now have 2 patient groups, one that will be meeting the practice and a Virtual group who have volunteered to complete occasional on-line surveys .



We will be having a PPG meeting in July. Please make sure that you register if you would like to attend. PPG registration forms are available in Reception and on our website
<http://www.amedicalcentre.co.uk/ppg.aspx>

Keeping in touch.....



We now have a Facebook page where you will find to the minute practice news, health alerts, national health awareness campaigns, information about local services and groups.

Find us by searching for:
Ashfield and The Grange Medical Centre

Staffing News

Following the resignation of our practice manager we took the opportunity to re-structure our management team. We now have a Practice Business Manager, Michaela Guilfoyle who was previously our Admin Team Leader.

Also new in Post is Kim Holloway undertaking the role of Practice Operations Manager.

We have also appointed Adele Milnes as Admin Team Leader . We are pleased to have Dr Thornton now as a permanent salaried GP after working with us temporarily to cover a GP maternity leave.



Stay safe in the sun - Top advice for being sun safe:

- Try to keep out of the sun between 11am to 3pm.
- Apply sunscreen of at least SPF15 with UVA protection.
- Wear UV sunglasses, preferably wraparound, to reduce UV exposure to the eyes.
- Wear light, loose-fitting cotton clothes, a hat and light scarf.
- Drink lots of cool drinks.
- Look out for others especially vulnerable groups such as older people, young children and babies and those with serious illnesses.
- Never leave anyone in a closed, parked vehicle, especially infants, young children or animals.

Online Access

Online access allows you to book appointments and order repeat medication online. Once you are registered for online access, you can download the patient access app to your mobile phone allowing you to book appointments and order medication wherever you are. If you would like to register please bring your photo ID into the practice and our Reception team can set up your on-line access account.

For help getting started ask for the patient guide to on-line services or book an appointment with our Digital Champion.

Measles – The Facts

Public Health England have reported confirmed cases of measles in the Leeds area.

- Teenagers and young adults should also be fully vaccinated before travelling and attending festivals and other summer events
- Measles is extremely infectious and can be serious
- Make sure your children get two MMR vaccines on time; the first at 1 year old and the second at 3 years, 4 months
- If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- Go to nhs.uk for more measles information

What is social prescribing?

Social prescribing is a way of enabling GPs and other healthcare professionals to refer patients with social, emotional or practical needs to a range of local, non-medical services and connect people to their community. The Service we have in place for South and East Leeds is called Connect for health.

Your GP can refer you to see a Well-being Coordinator here in the practice for up to 6 sessions over 4 months to help connect you to support for:

- Bereavement
- Substance misuse/alcohol dependency
- Carers Support
- Employment and Education
- Social isolation and loneliness
- Financial worries, benefits and debt
- Housing worries
- Getting active

If you would like to book an appointment with a Wellbeing Co-ordinator, please speak to our Reception Team or you can contact Connect for Health directly by calling 0113 3876380 or via the website www.connectforhealth.org.uk

Target Training

We close at 12pm on the following days for Target training in line with all South and East Leeds GP practices.

Tuesday
02/07/2019

Tuesday
10/09/2019

Tuesday
15/10/2019

GP appointment? Don't need it? Cancel it!

In June 2019: **29** GP appointments were missed wasting over 4 hours of GP time. Appointments that are no longer needed can be cancelled by text message, online, over the phone or in person.

Opening Times

The Grange		Ashfield	
Monday	08:00 - 18:00	Monday	08:00 - 18:00
Tuesday	08:00 - 18:00	Tuesday	07:00 - 18:00
Wednesday	08:00 - 12:30	Wednesday	08:00 - 18:00
Thursday	07:00 - 18:00	Thursday	08:00 - 12:30
Friday	08:00 - 18:00	Friday	08:00 - 18:00
Weekend	<i>closed</i>	Weekend	<i>closed</i>