

Fountain Medical
Centre, Little Fountain
Street, Morley, Leeds
LS27 9EN Tel:
01132951600

Website www.fountainmedical.co.uk

Face Masks

We kindly request all patients and visitors continue to wear a face mask at all times whilst in the in the Fountain Medical Centre, to help keep everyone safe.

Closing Times

We are closed for **TARGET**
Time for **A**udit **R**evue
Guidelines **E**ducation and **T**raining

From 12 noon on:

Thursday 20th October 2022
Thursday 24th November 2022
Thursday 26th January 2023
Thursday 23rd February 2023
Thursday 16th March 2023

Bank Holiday Closures

26th December 2022
27th December 2022

More information on our website
for opening hours

When the surgery is closed:
If you require urgent medical assistance which cannot wait until the surgery re-opens, please telephone the Freephone NHS 111 number or 999 for a medical emergency. In the event of an urgent prescription collection please contact your Pharmacy staff who will be able to offer advice.

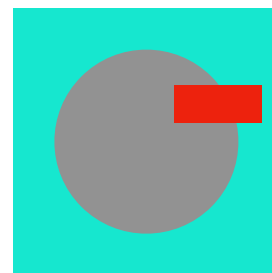
Please keep us up to date with your current email address, home and mobile phone numbers. Change of details forms are available from the practice or this can be easily done on our website.

Patient Reference Group (PRG)

Patients, Carers and Staff working together to develop and improve the practice.

The last **PRG** meeting was held via Microsoft Teams on 9th August 2022. Meeting minutes and information regarding our **PRG** are displayed in the waiting area and on our website. We thank our Patient Reference Group members for their continued support.

We constantly review our members to ensure the group is representative of the practice population. If any mums or dads of babies/young children are interested in sharing ideas and helping us make improvements at the practice, we would love to have you. Involvement can be to attend group meetings (at the practice or via Teams) or to be part of a virtual panel (receiving emails). Invitation forms are available on our website or from reception.



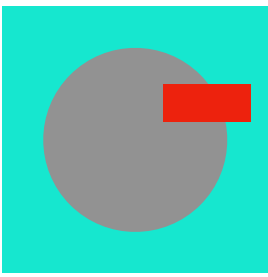
NHS Choices

Our practice works pro-actively to improve the service provided by our team and patient feedback is a valuable part of this. One way to let us know how we are doing is by posting a comment on the **NHS Choices website:**

Go to www.nhs.uk and type our postcode LS27 9EN in the find local section.

Select Fountain Medical Centre / **Select** leave review / Leave your review and submit your comments, perhaps regarding how we can improve our service.

Our team also find it rewarding to hear when they are getting it right so please let us know!



Flu vaccination

This years flu campaign will start late September.

The following groups are eligible to receive a vaccination in the GP surgery:

- Those aged 6 month to under 65 years in clinical risk groups
- Pregnant women
- Those aged 50 years and over
- Those in long-stay residential care homes
- Carers
- Close contacts of immunocompromised individuals
- Frontline staff employed by the following types of social care providers without employer led occupational health schemes: registered residential care or nursing home



Covid vaccination

Covid vaccination will start mid September you are eligible if you are:

- All adults aged 50 years and over
- Those aged 5 to 49 in a clinical risk group, including pregnant women
- Those aged 5 to 49 years who are household contact of people with immunosuppression
- Those aged 16 to 49 years who are carers
- Residents in a care home for older adults and staff working in care homes for older adults
- Frontline health and social care workers

Other vaccinations you may be entitled to:

- **Shingles** if you are aged 70-79 **Pneumonia** if you are over 65
- **MMR** if you are under the age of 50 and haven't received a full course in childhood

As social contact is now back to normal and we have been limited to exposure in the last 2 years it is important to protect yourself and get vaccinated.



Digital Champions

Do you need help with how to do any of these online?

- Access your medical records
- Book GP and nurse appointments
- Check or rearrange appointments
- Download/Use the NHS App

Our friendly **Digital Champions** can show you how to do any of these until you are confident to do it yourself. **There is no pressure, it will be all done at your own pace.**

We are starting to run small group sessions at the surgery. All you will need is a smartphone, laptop or another device with access to the internet.

Why not give it a go? Contact the surgery and ask to speak to one of our **Digital Champions** and we can book you into one of our group sessions.

Carer Champions

If you are an unpaid carer and looking for support, please contact the surgery and get in touch with one of our **Carer Champions** on **0113 2951 600**.

Or you are welcome to visit our surgery ask in reception or find the **Carer notice board** in the waiting area where we display all useful information and contact numbers for carers.

Our GP practice now supports carers through a number of ways:

- An annual health check for carers.
- Our **Carer Champions** are trained and educated on the needs of carers so they can signpost carers to the right support and information.
- **Carers Leeds staff** offer direct carer support within the GP surgery.

A Carer is anyone who, without payment, looks after a family member or friend living with dementia, illness, disability, mental health issues or a substance misuse problem who couldn't manage without support.

