



**Fountain Medical Centre  
PPG Meeting**

**Location: The Fountain Medical Centre, Seminar Room**

**Date: 5<sup>th</sup> June 2024**

**Topic: PCN Meeting with Patient Participation Group**

<p><b>Present: CL, LH-K, SI, JB, DC, SR, ED, AC</b></p> <p><b>Chair of Meeting – JG, KR &amp; LH – Secretary : DS</b></p>	
<p><b>PCN Guest Speakers – CL &amp; LHK</b></p> <p><b>JG</b> welcomed everyone and thanked them for attending.</p> <p><b><u>Minutes of last Meeting</u></b> Nothing to discuss.</p> <p><b><u>PCN Presentation</u></b> There are 30 PCN employees working across 6 GP practices in the Morley area – offering the following services:</p> <p><b>People living with long-term conditions e.g., diabetes, blood pressure problems, mental health and heart conditions.</b></p> <ul style="list-style-type: none"><li>• Look to work proactively.</li><li>• Can provide personal care.</li><li>• PCN's are led by Clinical Directors</li><li>• Able to create PCN Team roles.</li></ul> <p><b>Pharmacy Team, structure med reviews supporting long term conditions.</b></p> <ul style="list-style-type: none"><li>• Medication queries</li><li>• Medicine optimisation</li><li>• Discharge letter/clinic letters</li></ul> <p><b>AC</b> asked why there are issues getting certain medication.</p> <p><b>SI</b> – said he found the ordering of prescriptions and overall running of the surgery was a more proactive way than previous ways - finds it amazing! A good journey!</p> <p><b>Nurse Associates</b></p> <ul style="list-style-type: none"><li>• Foundation to nursing</li><li>• Top up to be a nurse and support nurses.</li><li>• Support housebound care and long-term conditions support.</li></ul> <p><b>Occupational Therapist</b></p> <ul style="list-style-type: none"><li>• Help with washing, dressing, bathing.</li><li>• Reduce falls.</li><li>• Reduce hospital admissions.</li><li>• Mobility around the home</li><li>• Can organise the supply of aids needed.</li></ul> <p><b>Social Prescribers</b></p> <ul style="list-style-type: none"><li>• Help patients who need non-clinical interventions.</li><li>• Refer to community groups.</li><li>• Give welfare advice.</li><li>• Offer social care support.</li></ul>	

### **Health and Wellbeing Coaches**

- Weight management
- Smoking cessation
- Increasing physical activity
- Reduce risks of long-term conditions e.g., high blood pressure, diabetes and pre-diabetes, high cholesterol, obesity
- Support patients in lifestyle change to improve health and wellbeing.
- One to one session held but looking at starting some group sessions.

### **Physio first**

- Sano Physiotherapy
- NHS wanted all GP surgeries to have physio first by 2024.
- Appointments can be booked with physio for injuries such as back pain, neck pain, shoulder pain, and forms of sports injuries.

**JB** asked how people find out about these services.

**KR** explained about our practice leaflet, this can be viewed on our website link [PCN - GP Services - Fountain Medical Centre](#). The telephone message advises patients that the Care Navigation Team will ask questions in order to signpost to the appropriate service.

### **Extended Access**

Offers GP and HCA appointments out of hours, evenings, and weekends. Clinics are run at Windsor House for the whole of Morley; supporting patients to access services at a time convenient to their needs.

### **Care Homes**

- MDT looking after care homes residents across Morley.
- Support with long-term conditions
- Advance planning
- Palliative care
- On call service during practice hours
- Integrated with Neighbourhood Team
- Clinical guidance from Consultant Geriatrician

### **Wraparound Care Model Housebound Patients**

- Support housebound patients.
- Lead by a Nurse Associate who can then signpost to relevant service.

### **Barriers we face as a PCN.**

Best way forward is for Care Navigation Teams to signpost.  
Educating clinicians on how to signpost and use PCN services.  
Educating patients

### **AOB**

SR asked if there is any way to synchronise medication.  
KR mentioned a form in reception for synchronising medication.