

**Ages 18+**

# Leeds Trans & Non-binary Wellbeing Hub



**3rd Monday of every month**

**MESMAC Leeds 22/23 Blayds Yard, Leeds, LS1 4AD**

**2pm  
till  
4pm**

## **Mental Wellbeing Group**

**Gender Outreach with Leeds Survivor-Led Crisis Service  
General mental wellbeing peer support**

**Booking: [genderoutreachworker.lypft@nhs.net](mailto:genderoutreachworker.lypft@nhs.net)  
or 0800 183 1486**

**4pm  
till  
6pm**

## **Trans & Non-Binary Sexual Health Clinic Leeds Sexual Health**

**Full screening, PrEP, vaccines, contraception,  
pregnancy testing & cervical screening**

**Booking: [leeds@mesmac.co.uk](mailto:leeds@mesmac.co.uk) or 0113 244 4209**

**6pm  
till  
8pm**

## **InclusiviTY Leeds Social Group**

**In-person and online  
Peer support and social group with Gender Outreach**

**Booking: [genderoutreachworker.lypft@nhs.net](mailto:genderoutreachworker.lypft@nhs.net)  
or 0800 183 1486**

**A clinician from Leeds Gender Identity Service will be available outside of groups  
for general queries about the service on some Hub days - call to enquire**