

# Student Locality Newsletter

## Welcome to the third student locality newsletter

This newsletter will give you an update on our progress since Christmas regarding the student locality health priorities, campaigns, news, useful resources and upcoming training opportunities relating to student health in Leeds.

### Student Locality Update

The student locality aims to support all students across Leeds West CCG with their health and wellbeing needs. Our mail base is rapidly expanding with members from GP practices, Leeds West CCG and the Universities in Leeds.

The student locality working provides a great opportunity to learn from each other and facilitates the sharing of best practice for working with students. If you, or anyone you know, would benefit from joining the student locality mail base, please ask them to contact Chloe Rankin [chloe.rankin@nhs.net](mailto:chloe.rankin@nhs.net)

## Priority Areas

**Sexual Health   Mental Health   Eating Disorders   Diabetes   Gender Identity**

### \*Save the date\*

Thank you to those who attended our educational sessions last term, we hope you found these useful.

Next term, we are hosting **LGBT Awareness Training** for reception/admin staff at LSMP on:

**Friday 2<sup>nd</sup> June 12.30 – 2pm**

**Wednesday 7<sup>th</sup> June 12.30 – 2pm**

Places are limited so for more information, and to book a place, please contact Chloe Rankin on [chloe.rankin@nhs.net](mailto:chloe.rankin@nhs.net)

### Awareness campaigns this term

Here are the campaigns we will be promoting to students over the next couple of months. We would encourage you to please help support them too!

1<sup>st</sup> – 5<sup>th</sup> May: National Walking Month

8<sup>th</sup> – 14<sup>th</sup> May: Mental Health Awareness Week

12<sup>th</sup> – 16<sup>th</sup> June: Diabetes Awareness Week

12<sup>th</sup> – 16<sup>th</sup> June: Cervical Screening Awareness Week

## News and updates

### Motivational Interviewing Training

LSMP is hosting a Motivational Interviewing Training day on Friday 9<sup>th</sup> June 9am- 4pm by et al training - <http://etaltraining.co.uk/motivational-Interviewing> . We are offering a limited number of subsidised places for £50 to members of the Student Locality on a first come, first served basis. Please contact [chloe.rankin@nhs.net](mailto:chloe.rankin@nhs.net) for more info and to book ASAP!

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## News and updates

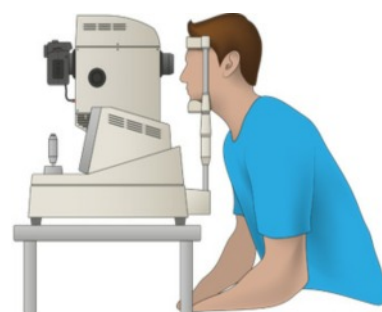


### Forward Leeds Update

Following a review of the Forward Leeds Clinics at LSMP, we are going to continue this service for the foreseeable future we offer appointments throughout Easter, Summer and Christmas Vacations in addition to term time. For more information about Forward Leeds please see: [www.forwardleeds.co.uk](http://www.forwardleeds.co.uk)

### Retinal Screening Update

It is now confirmed that from 1<sup>st</sup> June, LSMP will be hosting Retinal Screening Clinics on site. Appointments at LSMP will be available on Mondays 8.30am – 4.30pm and some Saturdays 8.30am – 1.30pm. Patients will be offered their retinal screening appointment at LSMP if this is the closest location to their home postcode. If patients would like to specifically request to have their appointment at LSMP, they can contact the Eye Centre at Pinderfields Hospital on 01924 541217.



### Ice templates for patients with eating disorders

We have been working towards creating a new GP panel in ICE to help support blood testing for patients with eating disorders. This is now live – the panel is called 'Eating disorders' and there are different options for anorexia nervosa and bulimia nervosa baseline/diagnosis and follow up. If you have any feedback regarding this new panel please email [chloe.rankin@nhs.net](mailto:chloe.rankin@nhs.net)

### LUU Health and Wellbeing events

Leeds University Union have a lot of exciting events next term, including things to help students during the stress of exam time such as pet pampering, mindfulness, space to relax. Here is the link to all the events taking place: <https://www.luu.org.uk/ents/> Please share this with any patients registered at the University of Leeds.



### Check In Screens

It was brought to our attention by our patients that the automated appointment check in screen at LSMP asks patients to specify if they are 'male' or 'female' on arrival. This is not inclusive for non-binary and transgender patients and could create a barrier for some patients accessing health care.

We contacted the company who provide the check in screens and they have amended the options so patients are asked for date of birth and surname on arrival, not gender. We would encourage you to please look at the setting on your check in screens and amend them so they do not ask patients to select male/female on arrival, thank you.

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## News and updates continued

### Patient Empowerment Project

Here is a reminder about the option of referring patients with mental health issues to the Patient Empowerment Project (PEP). What is PEP?

- Social prescribing service for over 18's
- By self-referral or GP can refer
- Ring 0113-2795870 or email [pep@barca-leeds.org](mailto:pep@barca-leeds.org)
- They contact patient within 5 working days of receiving referral
- They give monthly feedback to GP
- They link patient with appropriate voluntary/community or statutory services
- Patients are seen at home or venue of their choice
- Comprehensive assessment to identify goals and support needs / use of wellbeing wheel to prioritise goals
- Risk assessment is carried out and any concerns are fed back to GP or Crisis team directly

What can be offered to patients with mental health issues?

- Input while waiting for other services
- Accompanying patients to appointments
- Supporting patients to contact other services
- Link with other services e.g. MIND groups, Headspace courses, Forward Leeds, Domestic abuse workers, Xpert Patient Program etc.
- Support isolated patients: volunteering opportunities / dog walking groups / men social group
- Home visits to patients housebound due to anxiety
- Referrals to support workers (i.e. Touchstone and Impact North: services for patients with severe and enduring mental health issues)
- Homelessness or housing issues / benefits enquiries / asylum seekers

If you would like to order some promotional leaflets, please contact [pep@barca-leeds.org](mailto:pep@barca-leeds.org)

## Training updates

### Family Planning and Sexual Health

We continue to deliver the FSRH Course of 5, Clinical Experience and Assessment Sessions, LoC SDI and LoC IUD training. The FSRH website can be found at the following link:

<http://www.fsrh.org/home/> For more information, please email [chloe.rankin@nhs.net](mailto:chloe.rankin@nhs.net)

### ATPS (Advanced Training Practice Scheme)

The ATPS offers practices the chance to support student nurses for placements during their time at University and future proof our workforce. Each placement is a minimum of 30 days and practices receive a fixed day rate per student for this.

If you do not already take students and would like to, please contact Laura Scott ATPS administrator for Leeds: [lsmp.atphub@nhs.net](mailto:lsmp.atphub@nhs.net)

## **Please keep in touch!**

If you would like further information about anything in this newsletter or have something to include in the next newsletter then please don't hesitate to get in contact by emailing [chloe.rankin@nhs.net](mailto:chloe.rankin@nhs.net)