

# TMC's MONTHLY NEWSLETTER

June 2022

**W**elcome to June's edition of the Trinity Medical Centre newsletter. Each month we will be looking to cover a different topic giving you, the patient, a better insight and understanding of Trinity Medical Centre and the way we work.

Trinity Medical Centre is open Monday to Friday 8.00am til 6.30pm. Need to see a GP outside of these times? If you are unwell outside of our opening hours and it's something you would usually see your GP about, such as a sore throat, chest infection or urinary tract infection don't delay treatment, call Trinity Medical Centre on 01924 784101 and your call will automatically be diverted to GP Care Wakefield who are available 7 days a week. **In the case of an emergency please call 999.**

Need to see a nurse and need an appointment that fits around work, school or other commitments let us know. Trinity Medical Centre has access to book GP Care appointments for:

- Annual reviews such as diabetes, COPD, asthma and stroke
- Blood tests
- Routine ECGs
- Contraception reviews
- Smears
- B12 injections
- Removal of sutures and clips

GP Care is open: Monday to Friday: 4pm—10pm

Saturday/Bank Holidays: 9am—8pm

Sunday: 9am—5pm

Please contact Trinity Medical Centre for further details.

Please note Trinity Medical Centre & Sandal Castle Medical Centre will be CLOSED on:

**Thursday 2nd June 2022  
Friday 3rd June 2022**

Same day care can be accessed from GP Care by calling the practice number (01924 784101) between 9am to 3pm and by calling 111 outside these hours.

In the case of an emergency call 999.

T.A.R.G.E.T  
Time For Audit Research Governance Education and Training

The next closure date is:  
**Wednesday 15th June 2022**

We close the surgery one afternoon per month (except August & December) to allow staff protected time to learn, develop and review practice.

The surgery will close from 12pm and will reopen the next morning.

**If you require medical assistance whilst we are closed please call 111 between 12pm to 6pm and 01924 784101 after 6pm for GP Care. In the case of an emergency call 999.**

Help us improve our services

Can you answer some questions about what is important and what matters to you should you need to use the out of hours enhanced services? Take our survey: [here](#)

## CONTACT US

TELEPHONE US ON  
**01924 784 101**

EMAIL US AT  
**TRINITY.MEDICALCENTRE@NHS.NET**

LIKE US ON FACEBOOK  
[WWW.FACEBOOK.COM/TMCWAKEFIELD](http://WWW.FACEBOOK.COM/TMCWAKEFIELD)

FOLLOW US ON TWITTER  
[WWW.TWITTER.COM/TMCWAKEFIELD](http://WWW.TWITTER.COM/TMCWAKEFIELD)

VISIT OUR WEBSITE  
[WWW.TMCWAKEFIELD.CO.UK](http://WWW.TMCWAKEFIELD.CO.UK)

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Trinity Medical Centre

## LONG TERM CONDITIONS



We have recently had an overhaul of how we manage patients with long term conditions such as diabetes and COPD. You will now be invited for an appointment in your birthday month. Further information is available [here](#).

PLEASE WEAR A FACE COVERING ON THE PREMISES, UNLESS EXEMPT

## Blood Pressure Checks

*Our self service blood pressure machines are up and running in all our waiting rooms. Please feel free to pop in for a BP check, no appointment required.*



HAVE YOUR SAY!

### Patient Participation Group (PPG)

Any of our patients can join our PPG. If you are interested in joining the group or would like further information please email us at [trinity.medicalcentre@nhs.net](mailto:trinity.medicalcentre@nhs.net)



COVID-19  
CORONAVIRUS

MONDAY	8:00 to 18:30
TUESDAY	8:00 to 18:30
WEDNESDAY	8:00 to 18:30
THURSDAY	8:00 to 18:30
FRIDAY	8:00 to 18:30
SATURDAY	Closed
SUNDAY	Closed



When we are closed help is available 7 days a week by calling the practice number 01924 784101, you will be connected to GP Care who are open 4pm to 10pm Monday to Friday. 9am to 8pm Saturday and Bank Holidays. 9am to 5pm Sunday.



### The NHS APP

Simple and secure access to a range of healthcare services

Haven't got it?  
Download it for free here:  
[NHS account - NHS](https://www.nhs.uk)  
([www.nhs.uk](https://www.nhs.uk))



As you get older shingles can be very painful and really affect your quality of life.



Have you turned **70** but not yet **80** years of age?

If so you are eligible for your shingles vaccination now

Contact your GP practice about having your shingles vaccination

Having your vaccination is an important reason to leave your home

© Immunisation: The safest way to protect children and adults

## SHINGLES VACCINE

70 but not yet 80 and not already had the vaccine?

Please contact us to book an appointment on 01924 784101 or [contact us online](#).

Further information regarding shingles and the vaccine can be found [HERE](#).

## CONTACT US

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