



Pharmacy First

Patients can now get treatment for seven common conditions directly from their local pharmacy, without the need for a GP appointment or prescription.

Pharmacy First will enable community pharmacists to supply prescription-only medicines, including antibiotics and antivirals where clinically appropriate, to treat seven common health conditions without the need to visit a GP

What are the seven common conditions?

- Sinusitis
- Sore Throat
- Earache
- Infected insect bite
- Impetigo
- Shingles
- Uncomplicated urinary tract infections in women



Menopause Cafe

We hold a monthly menopause Cafe at Trinity surgery, these usually take place once a month. Information on future events is posted on our website, facebook page and on notice boards in the surgery.

Menopause
matters

Surgery Closures

The surgery will be closed on the following afternoons from 12PM for training purposes

Wednesday 19 June
Wednesday 10 August

The surgery will be closed on the following days for UK Public Holidays

Monday 26 August

Walking Group

Would you like to increase your activity levels but don't know where to start? These drop in walking sessions could be a great place to start!

A beginners session Monday 11-12 for anyone just starting, recovering from injury or illness.

Intermediate session Thursday 11-12 for those who do some activity but wanting to increase or wanting to improve motivation to do more.

Contact Taz on 01924 552181 for more info.

Feedback on Newsletter

At TMC, we aim to make our newsletters more engaging and useful for our patients. To achieve this, we need your input!

What would you like to see in our newsletters? Share your ideas with us by emailing trinity.medicalcentre@nhs.net or by speaking with us at the reception desk.

Thank you for helping us improve!



Prescriptions FAQ



How can I request my repeat medications?

Within the surgery, online using PATCHS, email wycb-wak.prescriptions.trinity@nhs.net, NHS App, SystemOnline, AIRMID or using the contact form on our website. Scan the QR code for further information on ordering prescriptions. Please note we do not accept prescription requests over the telephone.

How early can I request my repeat medications?

7 days prior to the due date (earlier if you're going away, but this needs to be stated on the request). This also gives us plenty of time to book any medication reviews due or alternative changes due to supply issues so you don't have to worry about being without.

How long does it take for my prescription request to be issued?

It can take up to 48 working hours upon requesting for your prescription to be issued, however it depends on your pharmacy when it will be available for collection or delivered.

Why is it important to book our Annual Long Term Condition Reviews?

Certain medications require regular monitoring to ensure optimal control of your condition. You may need to come in for regular blood tests, as well as height, weight, and blood pressure checks, to ensure your medication is working effectively.

Try quitting smoking

NHS



Smoking can contribute to low mood. Quitting can be challenging, but there's plenty of help available. Download the NHS Quit Smoking app for more support.

Better Health every mind matters

Do more with the NHS App!

- 🔗 Order repeat prescriptions
- 📅 Book appointments
- 👁️ View your records
- And much more...

NHS App



patches

Contact Your GP Online

