

**Wakefield
Safe Space**

*For .. By .. With ..
Wakefield*

Are you struggling with your mental health?
Are you feeling isolated and alone?
Do you need someone to talk to
in confidence?

WE OFFER 'HOPE IN A CRISIS'

At The Art House, Drury Lane, Wakefield
Referral lines open from 6pm –midnight
WE ARE HERE TO SUPPORT YOU

In person, zoom & phone support available
FRI, SAT AND SUN
Tel: 07776 962 815



Giving Advice and Support for People in Emotional Distress

