

**TRAVEL VACCINATIONS**

You don’t always need vaccinations if you are travelling abroad. It will depend on where and when you are travelling and what activities you plan to do. For more information please visit:

* Fit for Travel - [www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)
* National Travel Health Network and Centre  - [www.nathnac.org](http://www.nathnac.org)

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| --- | --- | --- | --- |
| Date of departure: |  | Length of trip: |  |
| City/Rural: |  | Destination: |  |
| Purpose of trip: |  | Date of vaccine appointment: |  |
| Patient name: |  | DOB: |  |
| Address: |  | | |

We only supply the following vaccines free of charge on the NHS.

To be able to book your appointment please tick the vaccines that you require, this form must be handed into Reception when you book your appointment.

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| Vaccine | Requested |
| Typhoid |  |
| Hepatitis A |  |
| Diphtheria, Tetanus & Polio |  |
| Cholera  Only given if visiting a ‘high risk’ area, an additional appointment may be required. |  |

The nurse may assess that you need any of the following further vaccines, these are not supplied on the NHS so you will need to go to a private travel clinic.

* Rabies
* Yellow Fever
* Japanese encephalitis
* BCG
* Malaria tablets
* Hepatitis B

Vaccine Protection

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| Typhoid | The Typhoid injection will give 3 years protection. |
| Hepatitis A | The hepatitis A single vaccine is given as two doses. After the second dose it gives protection for about 25 years. |
| Diphtheria, Tetanus and Polio | When given as a booster prior to travel, the polio, diphtheria and tetanus vaccine requires only one injection. If you last had this vaccine more than **10 years** ago, you'll need a booster before you travel. |
| Cholera | The course of cholera vaccination is two doses for people over 6 years old and three doses for children 2-6 years old. Each dose is given at least one week apart but no later than six weeks apart. The course of vaccinations should be finished at least one week before potentially coming into contact with cholera. Typically, this is one week before travel.  A booster dose is needed to maintain protection. This is after two years for people over 6 years old, and after six months for children 2-6 years old. |

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| I confirm the information I have provided is correct and I consent to these vaccines recommended: |
| Signed: Dated: |

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| Date of appointment : |