

Many people are unsure of what a Nurse Practitioner is. This leaflet has been designed to provide information about the role of the nurse practitioner here at The Park Medical Practice.

A Nurse Practitioner is a registered nurse who has undertaken additional study. This is usually a Master of Science Degree in advanced nursing practice. They can assess your health care needs based on highly developed nursing knowledge and skills, make a diagnosis and discuss and plan treatment options with you. A Nurse Practitioner can also prescribe any necessary medication

Nurse Practitioners at The Park Medical Practice can see people with most problems with the **exception** of

- **Pregnant or Postnatal Women**
- **Children under 1**
- **Issuing of Controlled Drugs including Diazepam**
- **Drug and Alcohol misuse**
- **Chest pain in the over 40's**
- **Breast problems as do not carry out Breast Examinations**
- **Testicular problems**
- **Patients with mental health needs unless stable and need repeat medication only**

Nurse Practitioners work as part of the Practice team and aim to provide you with a greater choice of which health professional you wish to see about your health needs. Seeing a nurse practitioner also helps to free appointments with the doctor for more complex health concerns.

A doctor is always available should the nurse practitioner wish to talk to him/her about your health needs. Occasionally, the Nurse Practitioner may suggest that you make another appointment to see the doctor if your problem is a little more complex than first thought.

There is a nurse practitioner at each of the Park Medical Practice surgeries, so next time you need to make an appointment, why not ask the receptionist if the nurse practitioner can help you.

Nurse Practitioners are:

Jayne Horwich – Chaddesden & Derby University

Zena Sharp – Borrowash & Derby University