

THE PARK MEDICAL PRACTICE

Guide to choosing the right NHS Services

The practice is here to help you, settle and feel safe regarding your health matters, whilst you are our patient.

If you have symptoms of COVID-19 please do not come to the surgery ring 111 or look online at www.gov.uk/coronavirus and book a COVID test at www.gov.uk/get-coronavirus-test

The practice offers e-consultations. Go to our website www.parkmedical.org.uk and complete the e-consultation form you do not require a log in. You can send information to a clinician including photographs of the issue. A clinician will get back to you within 1 working day. There is also a lot of self-help and local advice.

All requests for any appointments need to be arranged by telephone on:

01332 667911(Chaddesden/Borrowash & Oakwood patients)

or 01332 668003 (University Students only).

A clinician will call you back and discuss your problem with you either by phone or by video. They may ask you to send a photo. If the clinician wants to examine you they will arrange for you to have a face to face appointment at the surgery. Please make sure that you have your phone close to hand and you are somewhere where you can take a call. If you change your address or phone number please let us know by completing the on-line form.

YOU MUST WEAR A MASK for all face to face appointments

If you require a prescription this will be sent electronically to the chemist of your choice. Repeat prescriptions are requested via the medicines order line

MOLS on 0115 855 0260

University Surgery- 01332 668003 (Derby University students Only)

The surgery is open at the following times:

Monday	9.00am – 6.00pm
Tuesday	9.00am – 5.15pm
Wednesday	9.00am – 5.15pm
Thursday	9.00am – 5.15pm
Friday	9.00am – 5.00pm

Chaddesden Surgery- 01332 667911

The surgery is open at the following times:

Monday	8.00am – 6.30pm
Tuesday	8.00am – 6.30pm
Wednesday	8.00am – 6.30pm
Thursday	8.00am – 6.30pm
Friday	8.00am – 6.30pm

Borrowash Surgery- 01332 667911

The surgery is open at the following times:

Monday	8.00am – 6.30pm
Tuesday	8.00am – 6.30pm
Wednesday	8.00am – 1.00pm
Thursday	8.00am – 6.30pm
Friday	8.00am – 6.30pm

All telephone lines are open from 8.00am – 6.00pm Monday - Friday

Saturday Pre bookable appointments are available. Please contact
the surgery for more details

PHARMACY

Your pharmacist can help with expert advice on how to look after yourself at home and can also advise on minor ailments such as:

Bite or stings – block nose – conjunctivitis – cough – constipation – diarrhoea – earache – headache – hay fever – head lice – indigestion – sore throat – temperature – threadworm – stomach upset – rash – emergency contraception

Most pharmacies have a private consultation room so that you can discuss your problems confidentially.

Your pharmacist can also help you decide when you need to see a doctor or when to self-treat.

DERBY URGENT CARE CENTRE

Entrance C

London Road Community Hospital

Osmaston Road

Derby

DE1 2RD

Tel: 01332 224700 (open 7 days a week 8am – 7.30pm)

NHS Walk In Centre's are staffed by nurses or GP's and offer advice, information and treatment for:

- Coughs, colds and flu-like symptoms
- Minor cuts and bruises
- Muscle and joint injuries
- Skin complaints
- Men's and women's health problems
- Emergency contraception
- Ear, nose and throat problems

NO APPOINTMENT IS NECESSARY AT EITHER OF THESE SERVICES

PRIMARY CARE PLUS

The practice is part of a group of sixteen practices which offer primary care services (out of hours from 6pm until 8pm) Mon- Fri and Sat/Sun mornings

These out of hour appointments can be located at any of our hubs depending where the service is being held. Our hubs are located at:

- **Park Medical Practice, Maine Drive, Chaddesden, Derby DE21 6LA**
- **Peartree Medical Centre, 159 Peartree Road, Normanton, Derby DE23 8NQ**
- **Lister House, Coleman Street, Allenton, Derby DE24 8NH**
- **Derwent Valley, 81 Sitwell Street, Spondon, Derby DE21 6AT**
- **Park Farm Medical Centre, 3 Park Farm Centre, Allestree, Derby DE22 2QN**

**For more information about the Park Medical Practice,
please visit our website:**

<https://www.parkmedical.org.uk/>