

Changes to prescribing at this surgery


We are promoting the use of over the counter medication for selfcare as an alternative to prescribing by your GP. This is because they are available to buy in pharmacies and supermarkets at a much lower cost. Please do not be offended if we ask you to buy these medicines. There are exemptions to these changes - for more information please visit our website.

Cough mixtures
Coldsore treatment
Colic drops
Paracetamol and Ibuprofen for simple short term conditions
Antifungal nail treatment
Antacids for indigestion
Antihistamines for hayfever
Medicated shampoo
Sunscreen
Mouthwash and mouth ulcer treatment
Creams, gels and rubs for muscular discomfort
Travel vaccinations
Herbal remedies

It costs the NHS approximately three times more to prescribe these medicines than it does to buy them over the counter.


This is your NHS - please use it wisely.

NHS East Leicestershire and Rutland Clinical Commissioning Group

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