

# Adult assessment and diagnosis process

**Gather family history-Lifelong development- reason for assessment**

COMMUNICATION  
SENSORY  
SOCIAL  
INTERACTION  
EMPLOYMENT

**Arrange a GP or adult mental health appointment to discuss**



**Complete any Questionnaires required**



**Referral sent by GP to adult Service- can take up to 2 months to respond**

**2**  
months

**First assessment completed with Adult service  
Can take 4 months from referral**



**Provide full family developmental history- and complete required questionnaires**



**you will need someone that has known you all your life to support the assessment and attend appointments**



**Full assessment will take place with both individual and lifelong support person  
This can take up to 12 months from 1st assessment**



**Assessment process aims to be completed within 18 months to 2 years**



**A letter with full details of assessment and diagnosis will be sent**



**A pack will be sent with information of how to get support following diagnosis**

