

LGBTQ+ Further Information

This document collates links to useful reports, resources, and information about LGBTQ+ healthcare. Links are arranged into the following sections:

- [Health Inequalities](#)
- [Trans and Non-Binary Health](#)
- [Sexual Health](#)
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- [Parenting & Families](#)
- [Oral Health](#)
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Health Inequalities

LGBT Foundation

[Pride in Practice LGBTQ+ Patient Experience Survey \(2022\)](#)

A report on LGBTQ+ people's experiences in primary care, including specific insights on general practice, dentistry, optometry, and pharmacy.

[Hidden Figures: The Impact of the COVID-19 Pandemic on LGBT Communities in the UK \(2020\)](#)

[Hidden Figures: LGBT Health Inequalities in the UK \(2018\)](#)

A report on the sequential impact of LGBTQ+ health inequalities across a person's lifetime.

Trans and Non-Binary Health

LGBT Foundation

[A Guide to Safe Binding \(2019\)](#)

A guide for trans and non-binary people who wish to safely flatten the appearance of their chest, as well as other people who might wish to access this information.

[With Irwin Mitchell Solicitors, Trans Guides Issue 1: Name Change and Gender Recognition Certificates \(2017\)](#)

[With GMCA and GMHSCP, Trans Guides Issue 2: Support for GPs and Trans Patients \(2017\)](#)

Transforming Outcomes (2017)

A report on the health needs of trans people and of their experiences of accessing health care and other services. The report also offers insight into trans community strengths and assets which we can learn from and engage with in order to better meet the needs of trans communities.

NHS England

Guide to Screening for Trans and Non-Binary People

A webpage providing information for trans and non-binary people about the adult NHS screening programmes that are available in England.

PCSE, Changing a Trans Patient's Name and Gender Marker

A webpage containing guidance for General Practice on the process of changing a patient's name and gender marker, including how to manage screenings and new medical records.

PCSE, Process for Registering a Patient Gender Re-assignment

A step-by-step guide to changing a patient's gender marker.

Trans Actual

Trans Lives Survey 2021: Enduring the Hostile Environment (2021)

A report presenting the findings from the TransActual Community Voice Survey 2021, conducted to learn more about the scale and impact of the issues trans people face in the UK.

Supporting Trans Patients: A Quick Guide for GPs (2021)

A quick source of information and signposting to support clinicians with supporting trans patients, developed in consultation with GPs and trans patients.

Supporting Trans Patients: A Brief Guide for GP Surgery Staff (2021)

A quick source of information and signposting to support wider GP practice staff with supporting trans patients, developed in consultation with GPs and trans patients.

Other Sources of Information

Free Deed Poll

A website which all trans people over 18 can use to legally to change their name and gender marker at the GP.

Practice Index with the Institute of General Practice Management, Indigo Gender Service, and Pride in Practice, The Gender Identity Toolkit for General Practice (2022)

The toolkit consolidates statutory requirements and best practice guidance regarding trans and non-binary healthcare into an easily implementable, procedural resource. It highlights a range of common themes, from determining a suitable treatment pathway to updating a patient's name and/or gender marker.

Gender Construction Kit

A trans and non-binary community asset which is updated by volunteers and contains a wide range of information about changing things linked to gender.

National Ambulance LGBT Network, Trans Inclusion Resources

A collection of resources to increase awareness of trans issues amongst the ambulance workforce. Many of the resources may be useful to colleagues across the healthcare sector, and offer practical advice on how our inclusive practice can be improved, including a brief overview of trans terminology and call taker guidance for supporting trans patients.

Gender Identity Development Service, Advice and Guidance for Professionals

The Gender Identity Development Service (GIDS) offers a range of advice and guidance for healthcare professionals working with young people experiencing gender difficulties.

General Medical Council, Ethical Hub: Trans Healthcare

A webpage showing ways in which GMC ethical guidance can be applied in trans healthcare and signposting to relevant resources. The webpage covers confidentiality, decision making and consent, and good practice in prescribing and managing medicines and devices.

Sexual Health

LGBT Foundation

It's a Question of Sex: Sexual wellbeing of women who have sex with women (2020)

A report presenting the findings of the 2018 Sexual Wellbeing Survey for women who have sex with women.

Sex Guides: Anal Sex (2018)

Sex Guides: Oral Sex (2018)

Sex Guides: Vaginal Sex (2018)

A series of guides to help LGBTQ+ individuals have better, safer, and more satisfying sex.

Trans Sexual Health: Safer Sex and Our Health (2018)

Trans Sexual Health: Sex, Ourselves, and Our Relationships (2018)

The Trans Sexual Health Guides focus on trans and non-binary people having safer and better sex.

HIV

LGBT Foundation

HIV: Risk, Transmission and Prevention

Living with HIV

PrEP Information

PEP Information

LGBT Foundation webpages containing information about HIV.

Other Sources of Information

George House Trust

The George House Trust website is a source of information about HIV, testing, and medications including PrEP and PEP.

NAM AIDSMap, HIV Information in Translation

The NAM AIDSMap website hosts HIV information online in English, and in translation into a large number of other languages.

Terrence Higgins Trust

The Terrence Higgins Trust website contains information about HIV and sexual health.

Cancer

Live Through This

Cancer and LGBTQ+ Community Resources

A collection of resources, information, and further reading around LGBTQ+ people's experiences of cancer.

Cancer and COVID-19 Infographic (2020)

An infographic showing the experiences of LGBTQ+ people affected by cancer during the COVID-19 pandemic

Macmillan Cancer Support

With Brighton & Hove LGBT Switchboard, LGBTQ People Affected by Cancer Report (2018)

A report on consultation and engagement activities with Brighton & Hove and Sussex-based LGBTQ+ people affected by cancer, and those supporting them.

With DeMontfort University and the ESRC, Supporting Lesbian, Gay, Bisexual and Trans People with Cancer: A practical guide for cancer and other health professionals (2016)

An online guide for cancer and other health professionals supporting LGBTQ+ people affected by cancer.

Lesbian, Gay, Bisexual, and Queer Experiences of Cancer Care (2014 - ongoing)

A website about a project into LGB experiences of cancer and cancer care including video interviews with LGB individuals, and further reading recommendations.

The Emerging Picture: LGBT People With Cancer (2014)

This review gathers the available literature on LGBT people's experiences of cancer.

Parenting & Families

LGBT Foundation

Improving Trans and Non-Binary Experiences of Maternity Services (2022)

This report aims to gain insight into trans and non-binary experiences of perinatal services and put forward recommendations for improvement.

Stonewall

Guide to Parenting Rights

An online collection of information around parental responsibility, adopting, fostering, co-parenting, fertility treatment, and surrogacy.

Pregnant Pause (2009)

This is a guide for lesbians and bisexual women on all aspects of pregnancy and childbirth from conception to starting school.

Oral Health

BDJ Student, Ten things dental students can do to support LGBT+ patients (2021)

RDH Magazine, Hormonal therapy and oral health in the transitioning population (2021)

BDJ Team, Having pride in your practice (2020)

An article on why it's important for oral health professionals to understand their LGBTQ+ patients.

British Dental Association, What can dentists do to support LGBT patients? (2019)

An article about how dental practices can support LGBT patients, and about the support that's available for dental practices themselves with developing skills and knowledge around inclusion.

Oral Health Foundation, Word of Mouth, Dental care for lesbian, gay, bisexual and trans (LGBT) people, pages 26-29 (2019)

An article to support dental care providers in their duty to create a safe and inclusive environment where all patients can disclose information that may be relevant for their healthcare and treatment.

Pharmacy LGBT Foundation

LGBT Foundation, Pride in Pharmacy Resource

A digital 'lunchtime learning' guide to developing LGBTQ+ inclusion in community pharmacy. Content covered includes creating a visibly inclusive pharmacy environment, using open & inclusive language, and supporting your trans & non-binary patients.

Royal Pharmaceutical Society

Section 28: Why LGBTQI+ education is important (2022)

Being a gay pharmacist – a South Asian perspective (2022)

Why visible LGBTQIA leadership makes a difference (2022)

Providing transgender patients with best quality care (2021)

Other Sources of Information

Chemist + Druggist, Here's how pharmacy can support LGBT patients' health (2019)

British Pharmaceutical Students' Association, The Difficulties of LGBT Life – Personal and Professional Reflections (2017)

Brighton & Hove LGBT Switchboard, LGBTQ People's Experiences of Medicines and Pharmacies (2017)

Other Information

LGBT Foundation: LGBTQ+ Health in Greater Manchester With Manchester City Council, Greater Manchester LGBT Action Plan (2017)

The Greater Manchester LGBT Action Plan presents the actions and overarching priorities for improving the lives and opportunities of lesbian, gay, bisexual and trans people in Greater Manchester over the next 5 years.

With Manchester City Council, The State of the City for BME LGB People (2016)

With Manchester City Council, The State of the City for Older LGB People (2015)

LGBT Foundation: Other Resources

10 Professionals from 10 Boroughs (2021)

A booklet showcasing some of the ways in which primary care services in Greater Manchester are strengthening and developing relationships with LGBTQ+ patients within their local communities.

If We're Not Counted, We Don't Count (2021)

A good practice guide to monitoring sexual orientation and trans status including how to ask for and record data, and how data can be used to improve LGBTQ+ patients' experiences and outcomes.

You Build Your Own Family, That's How You Get Through It (2020)

A report on understanding LGBT people's experiences of severe and multiple disadvantage.

10 Stories from 10 Boroughs (2019)

This report highlights the lived experience of LGBTQ+ people across 10 localities in Greater Manchester. It demonstrates how increased

awareness, visibility and knowledge of LGBTQ+ people's needs within primary care can improve healthcare outcomes, confidence and relationships between patients and healthcare professionals.

A Guide to Reporting Transphobic Hate Crime (2019)

A Guide to Being a Trans Ally (2019)

This guide includes information on asking about someone's pronouns, how to support a friend if they come out as trans, and how to show your support for trans people. It also covers what to do if you make a mistake, what to do if you have a friend or relative who keeps making jokes about trans people as well as a range of other topics.

Pride in Practice Impact Report (2018)

Further Reading

AKT, The LGBT+ Youth Homelessness Report (2021)

A piece of research that centres the voices and experiences of LGBTQ+ young people who have faced any form of homelessness in the last five years.

GALOP, Hate Crime Report (2021)

A report presenting evidence about the needs and experiences of LGBT+ communities facing hate crime.

General Medical Council, LGBT Patient Guide

This guide explains the standards that lesbian, gay, bi and trans (LGBT) patients should expect from their doctor; what the GMC are doing to support LGBT patients; and information about organisations that provide advice or advocacy services.

Government Inequalities Office, LGBT Action Plan (2018)

Stonewall with NHS, Domestic Abuse Health Briefing (2012)

A report on healthcare and LGBTQ+ experiences of domestic abuse, including research and guidance on what health services can do.

A final note from Pride in Practice

This document is not a comprehensive list of information, but should be a good starting point for anyone wishing to find out more about LGBTQ+ healthcare.

To stay up-to-date with the latest on Pride in Practice and LGBTQ+ healthcare, **register for our monthly newsletter online.**

If you have any questions or require further support, please contact Pride in Practice at **pip@lgbt.foundation**.