

**Minutes of Meeting Held at the Surgery
12 March 2024 at 1730**

Present: John Leslie (JL) Chair
 Phil Marston (PM) Secretary
 Daniel Medhurst (DM)
 Dr Dan Pickering (DP)
 Sue Pickwood (SP)
 Lara Upton (LU)
 Louise Freeman (RISE Team)
 Carla Pickett-Hall (RISE Team)
 Lawrence Copeland (Potential Member)

ITEM AND DECISION	ACTION
<p>CHAIRMAN'S WELCOME.</p> <p>The Chair (JL) welcomed all adding that the agenda would feature the speakers from Rutland Integrated Social Empowerment (RISE) as the first item so that they may leave before the main meeting.</p>	
<p>RISE PRESENTATION.</p> <p>The RISE service offer support to all Rutland residents and those registered with a Rutland GP who are 18 years old or over. We work in a preventative way to increase people's control over their health and lives by promoting health and wellbeing, addressing any barriers and using the local assets in the community.</p> <p>We are a social prescribing team that all have different skills and roles. Our social prescriber supports with social isolation, someone who may have lost motivation, bereavement and lost focus with their daily life. The social prescriber would help identify what the need's were and local sources of support such as arts, gardening, activities also social, emotional and practical support. The social prescriber will provide information, signposting and if necessary, some support to attend groups. The social prescriber provides information by her integration with statutory groups and also charitable groups working alongside agencies such as Citizens Advice and Carers groups.</p> <p>Our Integrated Care Coordinators work with people who have two or more long term health conditions to look at short term intervention but are not requiring or eligible for support from either health or social care. This could be something like providing support/ information / guidance around the condition they are living with, looking at practical equipment to support or emotional support for those who are finding things difficult. They can also support with equipment needs for frailty; they look at the impact that long term conditions have on the person and also the family addressing issues with carers. ICC's will also support with sourcing packages of care and ensuring that those who are cared for and carers have access to all information. The role of ICC is preventative but to keep the person safe and well in their own environment if that is their wishes.</p>	

<p>Our mental health care manager who supports someone who has low level mental health needs such as when experiencing changes to mental health and health such as low mood, depression, loss of confidence and motivation. They are not receiving or eligible for crisis support, community mental health services or mis-use services. He supports them to identify their needs and to look at strategies, activities, increase the confidence, enable independence and support to move forward in a meaningful way. We offer one to one intervention and group work depending on the need.</p> <p>RISE have a holistic approach to the person having a conversation with person to get to know what matters to them and how this can be achieved. Working as a team to ensure that the person has exactly the right support from the right person. RISE support the Menopause Group in Rutland, which is the first Tuesday in the month held at Rutland Refill Café.</p> <p>Referrals for RISE come from social care and GP surgeries in Rutland but also from many other agencies and self referrals, these are all sent via the portal Joy App.</p>	
<p>APOLOGIES.</p> <p>Apologies were received from Vicki Abbott, Amanda Shaw and Pat Triffitt.</p> <p>Nothing had been heard from Christine Stanesby, John Twidell and Victoria Ferguson</p>	
<p>MINUTES OF PREVIOUS MEETING.</p> <p>The minutes of the meeting held on 16 Jan 2024 were approved. All were happy that the draft minutes were circulated for comments and/or suggestions for change were made before general distribution</p>	
<p>MATTERS ARISING.</p> <p>There were one matter arising regarding the annual review process. DM stated that a poster was being produced giving information on the process which would be available to all patients. Other matters were covered by the agenda.</p>	
<p>PRACTICE UPDATE.</p> <p>The Practice report is attached to these minutes.</p> <p>PM stated that Healthwatch had mentioned that there were 5 pharmacies in Rutland but only 4 were designated as community pharmacies. DP confirmed that Ashdale was not involved.</p> <p>PM also stated that there was to be a further COVID vaccine rollout in April. JL replied that this would be covered under PCN update.</p>	
<p>DEMENTIA AWARENESS EVENT</p> <p>A description of the event is attached and is amplified by the Chairman’s report. This would be discussed under that heading and published on the practice website and circulated via the Spring newsletter.</p>	
<p>NEWSLETTER UPDATE.</p> <p>DM stated that the newsletter had been printed and would be distributed in batched to avoid the problems encountered during the previous issue. DP noted that there were few pictures as there was a comprehensive amount of information included.</p>	

<p>CHAIRMAN'S UPDATE.</p> <p>JL had submitted his report in advance and is attached to these minutes. There were no additional questions.</p>	
<p>INCIDENT FORMS</p> <p>No incident reports had been submitted. With regard to a previous report asking questions about the referral procedure, it was noted that this had been included in the Spring newsletter.</p>	
<p>PCN UPDATE.</p> <p>JL stated that the COVID rollout in April would be dealt with 'in house' by the PCN in conjunction with Rutland practices.</p>	
<p>TERMS OF REFERENCE (TOR)</p> <p>The original Terms Of Reference had been produced in 2021 and was ready for review. Many changes had occurred since COVID and they needed to be reflected in a current document. PM/SP had produced a draft change which had been circulated to all members. It was decided that any comments would be sent to all PPG members for discussion with a view to producing a consolidated document at the next meeting.</p>	<p>ALL</p>
<p>DATE OF NEXT MEETING.</p> <p>The next meeting has been set for Tuesday 7 May 2024 at 1730 in the Surgery.</p>	