

ELMSWOOD SURGERY PATIENT PARTICIPATION GROUP MEETING

Wednesday 13th November 2019 6.30pm Valentina Lazarevic, Nadia Frowd and Jane Coleman told us about the research happening at our surgery

Present: Shelagh Clarke, John Hackett, Annette Lewis, Magrit Mitchell, Ingrid Reid, Charles Wilson, Sue Wilson, Amanda Roberts.

Apologies: David Groom, Derek Huett, Pauline Sault, Mary Spencer, Colleen Straw

There was some very good news. The surgery is now a Level 3 surgery with regard to research projects. This means that there are at least 13 or 14 studies happening. This requires a lot of work and commitment from Dr Coleman and this was appreciated by the group. In addition to the work in the surgery this has meant supporting other surgeries in their research projects. PPG involvement is also a factor. Finance accrues to the surgery for the extra work in two instalments. The second one has just been paid following successful monitoring. To progress to a Level 4 research surgery would mean recruiting 1% of the patients on to studies. It was felt that this was quite a strange criterion, the surgery not having any impact on the nature of the studies which are brought forward to recruit patients.

Some of studies that the surgery was involved in were:

- BEE study looked at the treatment of childhood eczema – which emollient was best. The study is now over and the findings are yet to be published. These findings might have an impact on future NICE guidelines. Prof Kim Thomas at Nottingham University is involved.
- PPG members are involved in the PINCER programme through completing a questionnaire or interview to look at auditing the safe prescribing of medicines. It's a check to ensure that correct medicines are being prescribed as well as correct combinations of medicines. The PPG on Wednesday February 5th at 18.30 is the time when members of the PPG will be taking part in a focus group to get some of our thoughts about the study.
- Genetic links to anxiety and depression. This is the GLAD study and is a nationwide on line questionnaire that patients can self-refer. The website is www.gladstudy.org.uk.
- The surgery has expressed an interest in the CHICO – Caring for Children with Coughs – project. The aim here is to find ways to improve the treatment and care of children with coughs and acute respiratory tract infections who attend GP surgeries. Is there any impact by prescribing antibiotics. But here the surgery is assigned to usual care: so nothing extra for our patients during the trial.
- Other current studies. Mental health for people with hearing loss. Type 2 diabetes in overweight men (DeLiver) with an exercise programme.

There was a discussion about feedback, or lack of, to participants to find out the results.

Important information regarding your personal data

ELMSWOOD SURGERY PATIENT PARTICIPATION GROUP MEETING

As a member of the Elmswood Surgery Patient Group we keep a record of your name and contact details. This information is held on a password protected database on Mailchimp, accessed only by the secretary of Elmswood Surgery Patient Group (currently Amanda Roberts). Your data is not shared with any other organisations/ institutions. The Elmswood Surgery Patient Group will use your email address to communicate with you generally twice monthly (to notify you of the forthcoming meeting arrangements and subsequently what happened in that meeting). With those mailings will be details of other health and social news we hope might be of interest. We may very occasionally contact you at other times when we are seeking your assistance. If you wish to unsubscribe from these emails, and therefore cancel your membership with us, then you can do so at any time: *click "unsubscribe" at the bottom of this email.*

You are welcome to contact us if you have any questions about this.

Our next meetings:

- Friday 13th December 2019 2pm Lauren Gascoyne - imaging methods to detect brain disease and Prof Justine Schneider to talk about dementia.
- Wednesday February 5th 2020 at 6.30pm Libby Laing – focus group on Patient Medicine Review procedures
- Friday March 13th 2020 at 2pm Sarah Collis about Healthwatch
- Wednesday April 8th 2020 at 6.30pm
- Friday May 15th 2020 at 2pm
- Wednesday June 10th 2020 at 6.30pm
- Friday July 10th 2020 at 2pm
- Wednesday 9th September 2020 at 6.30pm Valentina Lazarevic and Jane Coleman on Research at our surgery
- Friday October 9th 2020 at 2pm
- Wednesday November 11th 2020 at 6.30pm
- Friday December 11th 2020 at 2pm

Hope to see you at any of our meetings which all take place in the meeting room upstairs at Elmswood Surgery. Please expect the meeting to be an hour and a half. Please note that the surgery **closes at 6.30pm**, so you need to arrive a few minutes before the start time of the evening sessions.

Our surgery's news

Staff training this month will be **Tuesday 19th November** in the afternoon. So the surgery will be closed from noon that day.

In the news

Complete this survey from Connected Nottinghamshire to help them understand how technology can improve your Health and Care (yes, the irony of exploring digital barriers through an online survey has not escaped me). <https://www.connectednottinghamshire.nhs.uk/our-portfolio/citizen-patient-access/>

Watch "Why can't I get a GP appointment?" on #Vimeo <https://vimeo.com/341325851>

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Footcare service

There is a simple nail cutting and basic footcare advice service for those 60+years within the city. People who have a long term health condition, and who do not qualify for NHS podiatry services are able to access this charged for service. Age UK Nottingham and Nottinghamshire is working in partnership with CityCare to provide this affordable footcare service. Currently this is provided in St Ann's, Clifton and Sherwood Rise. The team are looking to expand their service and exploring our surgery as another base. Room is currently not available. Would it be beneficial for our patients to be able to access this service at our surgery?