



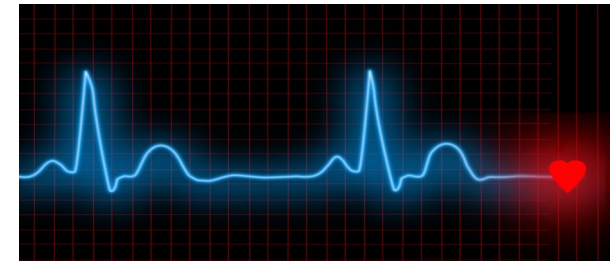
**Thank
You**

12.2022

Electrocardiogram (ECG)

An ECG is a test which records the rhythm, rate and electrical activity of your heart. Your doctor may refer you for an ECG as part of a general health check or if they suspect you have a heart condition.

An ECG is usually one of the first tests you will have to check for heart problems. However, it does have some limitations, so often you will need to have additional tests to confirm a diagnosis.



An ECG usually takes between five and ten minutes. After your test You will usually be able to go home straight away.

Preparing for your test

You can eat and drink as normal before the test.

If you have a hairy chest, we advise that you shave the areas indicated in the diagram below so that the small, sticky patches (electrodes) stick to your skin properly.



Wearing body lotions or perfumes may also prevent the electrodes from sticking properly.

You may request to have a chaperone present during your ECG. If you would like a chaperone, please speak to a member of our team before your appointment.

At the appointment

Before the test, we will ask you to remove all clothing from your waist up (including a bra, if you are wearing one). We may also ask you to remove tights or stockings.

We will then place some electrodes on your chest, wrists and ankles.

These electrodes will detect the electrical signals produced by your heart each time it beats. The signals will be recorded and converted by an ECG machine into a graph, which will either be displayed electronically or printed out on paper.

During the test, you will need to lie as still as possible, as any sudden movements will make it hard to get a good quality recording.