

East Bridgford Medical Centre – Patient Participation Group

Minutes of Meeting Held on Tuesday 25th January 2022

1. Present

Julie Sutherland (Chair and Mins Sec) Leonie fox (Vice Chair)
Andrew Whincup (Practice Manager) Gwyneth Owen (Social Prescribing Lin
Helen Adcott Jeanette Orrey
Ben Goode (Physician Associate)

Julie welcomed everyone and thanked them for attending the meeting

2. Apologies

Paul Jeffrey and Krys Szpakowska sent their apologies

3. Minutes of last meeting

Minutes were read and agreed as a correct representation of the last meeting. Leonie Fox signed the minutes

4. Introduction of Physician Associate role

Ben introduced himself. He outlined his extensive training including Postgraduate study – Physician Associate Studies which is a 2 year course. His role in the practice involves seeing patients. He can take histories, examine and diagnose. Ben liaises with a GP to prescribe medication and order diagnostic tests

Ben is more qualified than an Advanced Nurse Practitioner and follows a medical model
He can see a wide spectrum of patients and has a permanent full time position

Ben has daily supervision and a post clinic de-brief

Ben has helped the practice by taking on some of the GP's roles that take up a lot of time and is seen as a valuable member of the team

5. Update from the chair

Julie gave an update :-

- Jackie Wheeler has written to resign from the committee. Jackie has been a very valuable member of the group and will be missed. She was the Chair Person for many years. **Julie to write to Jackie to give our thanks and to invite her to join us for a meal when we are able to**
- There is a number of webinars to introduce the NHS app. 8th Feb 10-11am, 10th Feb 2-3pm and 16th Feb 7-8pm. The app is useful to patients as it can show your vaccination status, you can order repeat prescriptions, get health information and advice, show your NHS number and will show some of your health records
- Please keep promoting flu vaccinations
- **Date for diary – 27th April to attend an event at Rushcliffe Arena 6.30-8.30pm. Future of local health and well-being services**
- CCG update – from 1st July 2022 the CCG will be the ICB (Integrated Care Board)
- The CCG's current priority is the National Diabetes Prevention Programme and Health Promotion. They are hoping to raise awareness and increase uptake. They have created a video and funding to translate it into 7 different languages. This is going to be used in a variety of ways

- There will be more funding for diabetes and the CCG are linking with Notts County Cricket to help promotion at events
- There will be a re-mobilisation of Spirometry clinics. The CCG have created a model to run with to centralise these. These will start in March in Gamston, Musters Road and Radcliffe On Trent. They plan to have one in each practice across Rushcliffe
- Each practice across Rushcliffe has new paediatric pulse oximetry's
- A social prescribers pilot is to start in A&E in March
- No new information on Tomorrow's NUH
- PCN update – Impact and Investment fund has been suspended but there are plans to look at planet friendly inhalers
- Covid Vaccination Clinics – PCN has offered a weekend service but recent uptake has dropped. These clinics have been changed to involve GP appointments again through the NEMS out of hours service. This runs from the Embankment practice
- The PCN is currently planning to vaccinate 11-15 year olds and clinically vulnerable 5-11 year olds in practices
- There has been an impact of staffing due to Covid sickness
- Update of Estates Strategy – nothing in East Bridgford but Gamston Medical Centre and Radcliffe On Trent Medical Centre are going to be re-developed first
- Patient surveys are going to be posted out – please encourage people to complete them
- Notts Healthcare NHS Foundation Trust – they are currently reviewing and standardising all patient leaflets, website content etc. This is to make sure it makes sense and is jargon free. If you see a leaflet that needs reviewing please let them know
- They are currently reviewing a national autism strategy. They have been seeking views of professionals, patients and carers
- Nick Carver has been appointed the new Chair of NUH. Nick is going to lead the process to recruit a new, substantive Chief Executive for NUH
- There has been a Health Watch report on the needs of people with long Covid
- They have also developed new Young Minds toolkits
- Latest Covid News – 1 in 8 pupils were off school last Thursday as Covid related absences rose
- 9% of teachers were absent
- Rates are dropping in Nottingham but some areas of the County are showing sudden rises
- Rushcliffe saw an increase in cases
- Pfizer and BioTech are looking at a trial for Omicron specific Covid19 vaccine
- Omicron lasts longer on plastic and skin than other variants
- All tests for fully vaccinated travellers will be scrapped from February 11th
- Dentists to be paid extra to work evenings and weekends to clear their backlogs
- Plan B has been lifted but please encourage people to get vaccinated and to have booster doses
- The message still is to wear face coverings in indoor public places and on public transport. Let fresh air in if you meet indoors and continue to get tested and self isolate
- Self isolation can stop at the start of day 6 if you get 2 negative Rapid Flow Test results on day 5 & 6 and you do not have a temperature

6. Practice Update

Andrew gave an update-

- The practice has the highest uptake of flu vaccinations in the whole of Notts
- A nurse is being upskilled to become a Diabetes Specialist
- Face masks and social distancing is staying in the practice
- Staff absences have been small due to Covid
- Currently interviewing for dispensary staff
- Jackie (Nurse) is leaving and a new nurse has been appointed. Current nurses are extending their hours
- Andrew has used the Kick Start scheme to give another person the opportunity to work alongside him in the practice
- All employees are currently vaccinated
- Andrew is looking at how to implement the Covid vaccination for vulnerable 5-11 year olds within the practice. **Jeanette kindly offered to support as needed**
- Improving Access clinics starting back on a Monday and Thursday evenings for GP and Nurse appointments
- Andrew and Dr Jenny Moore recently volunteered at a weekend Covid clinic and 880 patients were vaccinated in half a day

7. Planning of Health Event/future planning

Hopefully a health event will be able to be organised for later in the year. We talked about the possibility of attending the village show later in the year if the practice felt there would be any benefit from this in terms of a patient questionnaire

8. A.O.B

Jeanette asked about repeat prescriptions and highlighted that some patients are dispensed medications more regularly than they are needed. **Andrew to look into this**

Julie asked about nurses appointments for dressings. It had been difficult to get an appointment. Andrew said that the HCA's were going to be upskilled which should help to free up some spaces

9. Next Meeting

The next meeting will be on 8th March at 5pm in the Meeting Room at the practice