

Intimate examinations

When conducting an intimate examination, the clinician will:

- Establish that there is a genuine need for an intimate examination and discuss this with you
- Explain why an examination is necessary and give you the opportunity to ask questions
- Offer a chaperone or invite you to have a friend/family member present. If you do not want a chaperone, this will be recorded in your notes
- Get your consent before the examination and be prepared to stop at any stage at your request
- Record that permission has been obtained in your notes
- Give you the privacy to undress and dress once the chaperone has entered the room

- Explain what they are doing at each stage, the outcome when it is complete and what they propose to do next.
- Record the identity of the chaperone in your notes, if one was present
- Record any other issues or concerns immediately following the consultation



Promoting health for you and your family

CHAPERONE POLICY

Churchfields Medical Practice
1 Bailey Street
Old Basford
Nottingham
NG6 0HD

Phone: 0115 978 1231

Fax: 0115 979 0419

www.churchfieldsmedicalpractice.co.uk

Chaperone policy — Patient information

Churchfields Medical Practice is committed to providing a safe and comfortable environment where patients and staff can be confident that the best practice is being followed at all times and the safety of everyone is of the highest importance.

Patient requested chaperone

All patients are entitled to have a chaperone present for any consultation, examination or procedure. If you would like one, the chaperone can be a family member or friend. You may however prefer a formal chaperone to be present, such as a nurse or one of our specially trained members of staff.

Wherever possible we would ask you to make this request when you book your appointment so that arrangements can be made and your appointment is not delayed in any way. Where this is not possible we will try to provide a formal chaperone at the time of the request, however occasionally it may be necessary to reschedule your appointment.

There is no common definition of a chaperone and their role varies depending on your needs. A chaperone's role can include:

- Emotional comfort and reassurance to patients
- Assist in examination
- Assist in undressing
- Act as interpreters

Healthcare Professional requested chaperone

Your Healthcare Professional may also require a chaperone to be present for certain consultations, this is usually for intimate examinations. A chaperone is present as a safeguard for all parties and is a witness to continuing consent for the procedure.

When one of the Churchfields Medical Practice requests a chaperone, this chaperone will usually be the same sex as the patient. You can decline a particular person as chaperone if that person is not acceptable to you for any reason. The chaperone should only be present for the physical examination.