



CLIFTON'S

SUPPORT DROP IN

EVERY TUESDAY

9AM-11AM

NEEDING HELP WITH...

FINANCES?
CARING RESPONSIBILITIES?
LOW LEVEL MENTAL HEALTH?
FEEDING THE FAMILY?
ISOLATION?
EMPLOYMENT?

HOT DRINKS AND
BOARD GAMES
AVAILABLE



MEET YOUR SOCIAL PRESCRIBERS
WHO CAN LINK YOU TO SUPPORT
SERVICES

With additional expert
advice from



WHERE?

The Hope Centre
Southchurch Drive
Clifton
Nottingham
NG11 8AR

TRANSPORT

Opposite Southchurch Drive Tramstop
Car Parking Available

