

**Do you support someone?**

In this Practice there is a Carer Champion who is responsible for coordinating the Carer support delivered by the Practice.

**Your Carer Champion is:**

**Sophia Thompson**

Registering as a Carer with your Practice can give you:

* Flexible appointment times to suit your caring needs.
* Free priority annual Flu and Covid vaccinations.
* Discussions around consent and information sharing involving you in the care planning of the person you care for.
* Information on local services and support to access these for you and your loved one.
* A chance to have a voice on your Practice Participant Group (PPG)

 