

## **Carers Space Notts**

## Would you like to be more involved in co-producing Carers Space?

We are looking for Carers and Professionals who would like to be part of the **Carers Space Planning Group**.

This group designs the Carers Space network, plans meetings, shares information about Carers Space and strategically leads the network.

## What would involvement look like?

- The group meet monthly via Microsoft Teams and share information by email.
- Carers Space online sessions are held every two months and planning group members attend and often speak at the sessions.
- Planning group members also attend face-to-face carers groups across Nottinghamshire to let people know about Carers Space and help promote the network in their community.

If you'd like to be involved or to find out more, please email <a href="mailto:carersspacenotts@nottinghamshirecarers.co.uk">carersspacenotts@nottinghamshirecarers.co.uk</a>