

Friendship Group

A new weekly Friendship Group for people with **early to mid-stage dementia** starts on Thursday 25th April, providing an opportunity to get together with people in a similar situation and have some fun in a relaxed and friendly environment.

This group also enables carers/family members to have some regular quality time for themselves knowing loved ones are in a safe place.

**When: Every Thursday,
10am-2:30pm**

**Where: The Social Hall,
Hilltop**

(rear of the car park at
the Lady of Good
Counsel Church, NG16
2AQ)



The cost is £27 per session, including refreshments and a bite to eat, payable by direct debit. There will be a necessary weekly commitment to attend.



**For further information, please telephone
Linda on 01158 599262 or email
linda.crick@ageuknotts.org.uk**

