

CITY – Face to Face CARER SUPPORT GROUPS

District & Facilitator	Dates or Day of Month	Time
Asian Women Support Group with Noreen Mary Potter Health Centre, Gregory Boulevard, Hyson Green, NG7 5HY	Every First Monday of the Month	11.00pm – 1.00pm
Bakersfield Carer Support Group with Noreen Bakersfield & Neighbourhood Community Centre, 312 Sneinton Dale, Nottingham, NG3 7DN	Every First Tuesday of the Month	1.00pm – 3.00pm
Bulwell Carer Support Group Ravensworth Road Methodist Church, Ravensworth Road, Bulwell, Nottingham, NG6 8FN	Every Second Monday of the Month	1.00pm - 3.00pm
Hyson Green Carer Support Group Mary Potter Health Centre, Gregory Boulevard Hyson Green, NG7 5HY	Every Fourth Monday of the Month	11.00am – 1.00pm
Clifton Carer Support Group with Christina Clifton Community Centre, Southchurch Drive, Clifton, NG11 8AR	Every Last Friday of the Month	12.00pm – 2.00pm

VIRTUAL GROUPS – delivered via Zoom, book on to receive the link

Parent Carer Support Group via Zoom	Every last Thursday of the Month	7.30pm – 8.30pm
Carers Café - all Carers welcome Via Zoom	Every Third Thursday of the Month	1.30pm – 2.30pm

PLEASE TURN OVER TO SEE GROUPS FOR THE COUNTY

COUNTY – Face To Face CARER SUPPORT GROUPS

District & Facilitator	Dates or Day of Month	Time
Rushcliffe Carer Support Group Church of the Holy Rood, Village St, Edwalton, NG12 4AB	Every First Tuesday of the Month	1.30pm – 3.30pm
Broxtowe Carer Support Group Chilwell Community Centre, Inham Road, Chilwell, NG9 4HX	Every First Wednesday of the Month	10.00am – 12.00pm
Mansfield Carer Support Group Friends Meeting House, 124 Rosemary Street, Mansfield, NG18 1RB	Every First Friday of the Month	10.00am – 12.00pm
Ashfield Carer Support Group Ashfield Wellbeing Centre, Portland Street, Kirkby in Ashfield, NG17 7AE	Every Second Monday of the Month	1.00pm – 3.00pm
Gedling Carer Support Group Gedling Road Methodist Church, Gedling, NG4 3EX	Every Second Tuesday of the Month	10.30am – 12.30pm
Worksop Carer Support Group The Crossing Church, Newcastle Street, Worksop, S80 2AT	Every Second Wednesday of the month	10.00am – 11.30am
Newark Carer Support Group Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark, NG24 2TN	Every Second Thursday of the Month	10.00am – 12.00pm
Retford Carer Support Group The Well, Hospital Road, Retford, DN22 7BD	Every Last Wednesday of the Month	10.00am – 11.30pm

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Parent Carer Support Group via Zoom	Every last Thursday of the Month	7.30pm – 8.30pm
Carers Café - all Carers welcome Via Zoom	Every Third Thursday of the Month	1.30pm – 2.30pm