Dementia Support in Nottingham & <u>Nottinghamshire</u>

Looking for dementia support? Alzheimer's Society's Dementia Wellbeing Service is here to help





We are here to support you across all aspects of living alongside a dementia diagnosis. Our combined team of committed staff are on hand to provide a person-centred, supportive plan to help you with whatever you require.

We can provide a range of support including:

Social care support Support with planning for the future Connection with other local facilities and services Practical dementia-related advice and guidance Action plan for maintaining and enhancing quality of life Support to prevent crisis situations Running Carers Information Sessions for new carers

To refer:

If you are looking to refer yourself or someone you are caring for, simply phone our dementia support line on **0333 150 3456.**

Any health or social care professional providing support to you and/or the person you are caring for can refer online through our referral portal -<u>https://www.alzheimers.org.uk/dementia-professionals/make-a-referral</u>

In partnership with:

