## Notes from the Roundwood Patients' Group Meeting held on Tuesday 3<sup>rd</sup> September 2024 6-8pm at Roundwood Surgery, Wood Street.

- 1. <u>Present:</u> Sylvia Porter and Jayne Birch-Jones (Joint Chair's), Dr Tadpatrikar (Dr T), Ros Reavill, (Practice Manager, Lesley Watkins (Mansfield CVS), 8 members with 3 apologies.
- 2. **Practice Matters and Feedback**
- 2.1 **Primary Care Challenges**

Primary Care is IN TROUBLE; in dire straits as described by Dr T. The British Medical Association (BMA) have recommended certain action without compromising patient safety which also takes account of staff safety and wellbeing. This action started on 1<sup>st</sup> September and Roundwood Surgery staff have decided not to join in the action immediately, but to see what happens across the Country.

**Practice Staff held a Thinking Session** (see photo in other document) and came up with **information to** display on the Waiting Room Board to inform patients of the difficulties.

ACTION: Members are asked to provide feedback on the Board as soon as possible, including suggested changes.

Dr T explained that the government is pushing for patients to use AI and other digital means to access primary care, this suits secondary care needs better, patients accessing primary care often need to see a Dr and this is what the Practice is trying to protect as well as offering digital solutions which suits other patient's needs. Shortly, there will be Drs who have completed their training who are available to be employed, but the Practice does not have the budget to employ them.

To protect precious Primary Care appointments and ensure patients access the most appropriate care 1<sup>st</sup> time, therefore speeding up care, signposting to other services where relevant is important to make sure the patient is seen by the most appropriate service for their needs. Eventually there will be circa 50 services patients can self-refer to. Already there are some you can self-refer to e.g. Talking Therapies and Physiotherapy, see here for a list <a href="https://www.roundwoodsurgery.nhs.uk/health-information/self-referrals/">https://www.roundwoodsurgery.nhs.uk/health-information/self-referrals/</a>

Some patients are against some services and medication provided by GP's because the Practice receives extra money for them, and they think they are only being offered because of this. These services/medications are proven to keep people well and are preventative and will improve quality of life and ultimately save the NHS money by preventing things like heart disease and Diabetes.

Members asked as well as the suggestions on the waiting room board, what else they could do to help.

\*\*ACTION: Lobby our local MP regarding the crisis in Primary Care.\*\*

**He is attending the next Community Network Meeting** at John Fretwell Centre on Wednesday 18<sup>th</sup> September, (registration 8:45) 9:30–11am. Book your place by contacting <a href="mailto:jwakefield@mansfieldcvs.org">jwakefield@mansfieldcvs.org</a> or ringing 01623 392444.

## 2.2 Staff News

A new practice nurse has been recruited, but patients are asked to be mindful that she will require a lot of training and will not be able to see certain patients straight away. There is a shortage of annual review appointments because of the limited practice nurse appointments. There are currently only 1.5 practice nurses.

5 new registrars and 2 foundation Dr's have started and will be with the Practice for 4 months.

## 2.3 **Appointments**

Last month the practice offered 7287 appointments, there were 259 DNA's (3.5%) wasted appts.

- 3. **Rosewood Primary Care Network (PCN)** no feedback, no meeting held.
- 4. Nottingham and Nottinghamshire Integrated Care System (ICS)
  - ICB Annual Public Meeting, Thursday 12th September, 2 pm 4 pm, Notts County Football Ground, Meadow Lane, Nottingham. This is to look at the Strategic Plan, service delivery, financial performance, challenges and future plans. Individuals need to register on-line <a href="https://example.com/here-public-leaf-strategic-plan-service-plan-ser
  - **Discussion of the Co-production Strategy** by the Integrated Care Board. 20th September at Mansfield Library, 9.30 am 11.00 am

Living Well event for patients waiting for orthopaedic treatment at Kings Mill Hospital, Kirkby Leisure Centre, 26th September. Health Watch are looking for people to share experiences of the community pharmacies. Link here. We have asked for them to supply documents like this in paper form as well as electronically in the future. Notts ICB Citizen panel looking for **new members**. Please contact nnicb-nn.citizenspanel@nhs.net 5. Support from Mansfield CVS (Part of Mid Notts Place Based Partnerships) Lesley explained what the CVS is involved in, in particular supporting patients with health inequalities living on Bellamy Road and Oak Tree Lane estates. An example is a Let's Talk Diabetes event on Tuesday 17<sup>th</sup> September from 12 noon at Trowel Community Centre, Bellamy Road Estate, NG18 4NT. Mansfield CVS can help the PPG if we want to put on any health and wellbeing events. 6. Notes from last meeting were AGREED, following an amendment to the car park waiting time of 10 6.1 minutes not 15 minutes in section 2.1. 6.1.1 **Matters Arising** Car Parking – Ros reported that the car park equipment will be installed within the next 4 – 6 weeks. New signage will be in place. PPG members volunteered to help patients follow the new procedure once it is introduced. If the Practice is shut, people will need to pay for parking at the machine which will 6.1.2 take both coins and card payment. Primary Care Challenges - Stuart Hague, Nottinghamshire LMC has sent information for the Primary Care Challenges crib sheet, but it is too long. Arthur has agreed to rewrite it into a more concise 1-page document. 7 **Chairs Report** Congratulations on the surgery being rated the top Mansfield GP Surgery, based on a survey by healthsay.co.uk as reported in the Chad. The waiting room PPG Notice board needs to be updated to comply with Infection Control requirements. PPG can use the Practice's laminator. but it is suggested that we purchase the laminator wallets out of the PPG funds. **Get Online week 14**th **October**, further information to be provided. SFHFT Patient out-patient follow-up letters will be available in the NHS app from mid-September. Jayne has asked for more information and support to be provided to help patients access these. Patients who do not access them will be sent them by post. 8. Finance Update The Treasurer and Arthur Lacey (2 joint signatories) have met and provided cheques for £50 petty cash and £205 returned to the Practice given that there has been no transactions for 2 years. The Chairs will report on the balance of the petty cash each meeting. ACTION: Treasurer & Arthur Lacey to close the account. 9. Practice Website presentation (www.roundwoodsurgery.nhs.uk) Ros showed the group around the practice website and pointed out the following:-Help with a non-urgent medical or admin request. Convenient online services available instead of having to ring the practice. List of self-referral services and how to contact. PPG page. ACTION: Members are asked to look at the website & raise awareness with other patients 10. Any Other Business - none 9. **Date of Next Meeting** Tuesday 3<sup>rd</sup> December, 6–8pm in Roundwood Surgery Waiting Room. Agenda item noted as "My Life Choices Group" – Gilly Hagen