Safer Sleep for babies

Sadly, around 6 babies die every year in Nottingham and Nottinghamshire where unsafe sleep arrangements are a factor.

To prevent further deaths we need everyone working with families in Nottinghamshire to help ensure safe sleep advice is followed.



Information for parents and caregivers



Follow the ABCs of Safer Sleep

Always sleep babies on their **back**...





in a **clear** cot or sleep space

www.lullabytrust.org.uk/safer-sleep-advice

Risk assessment tool for practitioners

A local tool has been developed to support practitioners working with families with babies aged 12 months and under.

Find the tool at nscp.nottinghamshire.gov.uk/resources/ for-professionals-and-volunteers/#safersleeping

Safer Sleep is everyone's business



