

Ashfield Admiral Nurse communitySpecialist Dementia Nurse

Ashfield Support Group

Weekly on Wednesday afternoon
No need to book
Groups available:
- 1pm-3pm

This is an informal meeting for people with similar circumstances to get together and chat. There are no distinct agendas or activities, its purely about talking and supporting each other The admiral nurse will be present most weeks but not every week The group can meet without the admiral nurse present

Our Aims:

- To support and connect with others in a group

- To enjoy a welcoming environment for people who may feel isolated or alone at times
- To access information and signposting to other resources available for support

Come join us:

Siding's Room,

Ashfield Health and Wellbeing Village Kirkby in Ashfield NG17 7AE

Car park on site- parking not guaranteed

Reception:

01623 784 782 01623 784 723