

Operation does not work because one of the tubes rejoins (1 in 100). This requires a second operation.

Persistent pain syndrome is very rare and the mechanism is not understood. Treatment may require a referral to a urologist at the hospital.

Late failures. All forms of contraception have a failure rate. Vasectomies fail rarely (1:2000) which is still less than all other forms of contraception.

How will I be after the operation?

You should avoid heavy lifting and strenuous activity for a week after the operation. We mostly operate close to the weekend and for men not involved in a heavy physical job most will be able to return to work the following Monday.

Aftercare?

Our service is confined to Nottinghamshire so in the rare circumstance where you may have a problem a doctor from our service is available for advice or care including nights and weekends.

What should I consider before deciding to proceed?

- Is my family complete?
- Is my relationship stable? Might I wish more children in a new relationship?
- What if one of my children should tragically die?
- Am I making the decision for the right reasons?

Can a vasectomy be reversed?

Yes, however, this is not available on the NHS. The operation is expensive and successful reversal is not guaranteed.

I understand the operation is permanent but can I freeze sperm as a precaution?

Yes. This is not available on the NHS. It is available if you are prepared to pay privately. Please ask the surgeon for details.

Your opinion matters

We welcome feedback on our service, both concerns and compliments to improve our service for you.

NOTTINGHAMSHIRE
COMMUNITY

VASECTOMY SERVICE

FREE NHS SERVICE

To make an appointment

CONTACT US

TELEPHONE 01623 624137

FAX 01623 422137

Email: maria.flint@btconnect.co.uk

Nottinghamshire Community Vasectomy Service

is a FREE NHS service provided for patients registered with an NHS general Practice within the Nottinghamshire area.

How do I get referred?

Men who wish to have a vasectomy can be referred by their Family Doctor or if they wish may REFER THEMSELVES directly to the Nottinghamshire Community Vasectomy Service using the contact details on the front of this leaflet.

Who performs the operation?

The Vasectomy Service is provided by 6 local medical practitioners working within our community who are specially trained, accredited and experienced to provide the operation close to the patients' own home without having to go to hospital. The 6 Vasectomy surgeons have performed several thousand vasectomies over the last 2 years for the community.

How soon can I expect an appointment?

Appointments are generally within two weeks.

Please let us know which surgeon you would like to see:

Mr M. Ashraf	Nottingham Road Clinic Mansfield
Mr M. Ashraf	Balderton/Newark
Dr M. Atkinson	Carlton - Park House
Dr M. Atkinson	Balderton/Newark
Dr A. Hopwood	Bramcote
Dr R. Martin	Sneinton
Dr I. McCulloch	West Bridgford
Dr H. Pabla	Bullwell

What is a vasectomy?

This is the male form of sterilisation performed as a minor operation under local anaesthetic.

What does the operation involve?

The skin and tubes are numbed with local anaesthetic. The operation uses a no scalpel 'nick' in the skin of the scrotum to retrieve the two vas tubes which carry the sperm to the testicles. The tubes are 'snipped' and sealed before returning them inside the scrotum.

Your questions answered:

Is it painful?

The techniques employed ensure that the discomfort felt is minimised. You will feel some tugging but generally speaking no pain during the procedure.

How long is the operation?

Approximately 20-30 minutes. We provide you with Tea and Biscuits before you leave the surgery.

Will I feel different after the operation?

Your sex drive and erections are unaffected by the operation and your ejaculate will appear the same but will not have any sperms in it.

Are there any possible complications?

- mild pain for a few days
- bruising of the skin
- mild infection
- sperm granule (tube swelling due to a small leakage of sperms)
- blood clot in the scrotum rarely