**Chilwell Valley and Meadows Practice Patient Information - Safeguarding**

**Safeguarding children**

Safeguarding children is both protecting them from harm and allowing them to develop to reach their full potential. It is everyone’s responsibility. The surgery works in partnership with other organisations to play its part in keeping children safe. Dr Gunther is the safeguarding lead for the Valley Surgery and Dr McKnespiey is the safeguarding lead at Chilwell Meadows. All practice staff are trained in safeguarding and child protection. There may be times when you are concerned about a child and are uncertain what to do.

Should you have concerns about a child, you can speak to any of the Doctors or Nurses. There is also an advice line run by the **NSPCC on 0808 800 5000**

You can contact **Nottinghamshire MASH (Multi agency safeguarding hub) 0300 500 8080**

Further information at-

[Nottinghamshire Safeguarding Children Board](http://www.nottinghamshire.gov.uk/caring/protecting-and-safeguarding/nscb/concerned-about-a-child/):

<http://www.nottinghamshire.gov.uk/caring/protecting-and-safeguarding/nscb/concerned-about-a-child/>

**Safeguarding Adults**

A vulnerable adult is anyone over the age of 18 who has a physical or mental health problem or a disability and cannot protect themselves from abuse or harm. If you have concerns that an adult is being abused or is at risk of abuse then you can either ring the Emergency Services on 999, or contact:

**Nottinghamshire Adult Social Care 0300 500 8080**

Further information-

[Nottinghamshire Safeguarding Adults Leaflet](http://www.nottinghamshire.gov.uk/caring/adultsocialcare/backgroundsupport/social-care-publications/?entryid126=170599&char=S):

<https://www.nottinghamshire.gov.uk/media/121727/adult-abuse-leaflet.pdf>

**Domestic Violence**

Domestic violence is never acceptable.

For help and advice on domestic violence please contact

**Women’s Aid Integrated Services** <https://wais.org.uk/> **0808 800 0340**

Updated March 2019

Review: March 2022