

Reception Opening Times

Monday—Friday 8.00am—6.30pm

How to arrange a home visit

Patients are expected to attend the surgery if they are able to travel, with the necessity for a home visit being at the discretion of the doctor. If there is doubt your doctor may ring you to discuss the problem before deciding the most suitable place for the consultation to take place.

If you are too ill to come to surgery, a doctor will visit you at home. When urgent medical help is required this will be the doctor on call, but in less urgent cases you may request your usual doctor.

How to make an appointment

- Please call our main switchboard number to book an appointment.
- Medically urgent issues are seen on the day. We will not be able to give you an appointment choice.
- You can book appointments up to 4 weeks in advance
- You are free to consult with any doctor of your choice within the practice but it is an advantage to see the same doctor with the same problem so that continuity can be maintained. Please let the receptionist know whom you would like to see.
- Nurses based in our practice treat patients for a wide range of common conditions. See our website for our clinics and services.
- Our pharmacists can help with medication related enquiries and reviews.

CHILWELL MEADOWS SURGERY



Ranson Road, Chilwell,

Nottingham

NG9 6DX

Telephone: (0115) 946 2767

Visit Our Website:

www.chilwellvalleyandmeadowspractice.co.uk

Practice Manager: Nazia Rehman

GP appointments are now available in your area during the evenings and at the weekend.

To book an appointment, contact your practice.

Your NHS, here for you.



Self care

We have lots of information on our website that will help you to help yourself managing your health.

www.chilwellvalleyandmeadowspractice.co.uk

Our Surgery

Our GPs

Dr Katie Rhodes BM BS BMedSci DGM DRCOG
DFFP FRCGP (f)

Dr Sarah Thomas BM BS (f)

Dr Rhodri Walters MBBCh MSc MRCGP MAA
(m)

Dr Kunaal Shah MB ChB DipSEM MRCGP (m)

Dr Sarah Stewart BM BS MMedSci MRCGP (f)

Dr Tom Stewart MBChB BSc (hons.) MRCGP
PGCME FHEA (m)

Dr Nazneen Kagzi MBBS, MRCGP, DFFP

(m) = male doctor, (f) = female doctor

Our Nurses

Rhian Schofield

Vickie Verhoeven

Jill Cheetham

Cheryl Harris

Healthcare Assistant

Debbie Leivers

Safeguarding

Our Safeguarding lead is Dr Sarah Thomas (f.)

Services provided

Foreign Travel

Please see our website for more details at least eight weeks prior to departure.

Cervical smears , long term conditions reviews, Vaccinations and Immunisations, Family Planning and contraception , Minor Surgery, Teenage Health, Health Promotion, Health and Well-being Coach, Help to stop smoking , Carers , Flu Clinics, joint injections, NHS health checks

Non NHS Services

Like other professionals your doctor is entitled to charge a fee for work which is not paid for by the NHS. This includes insurance reports, private sick notes, holiday cancellation forms and letters to non NHS organizations e.g. Leisure Centres, School and Work places. Please see our website for a list of these together with the charges payable.

Online access

Order repeat medication, make appointments and view your medical record online.

Download the NHS App from the Apple App Store or Google Play.

Alternatively you can find instructions on our website.

Carers

Are you a carer? Carers are people who look after family, partners or friends who are ill, frail, have a disability or a mental health problem. They may be caring for another adult or be a parent of a disabled child. The care they provide is unpaid. An estimated 5% of people in Nottingham are carers. Please ask at reception for further information. There is a national initiative from the Department of Health called Carers Direct which provides information, advice and support for carers. You can visit the Carers Direct website at www.nhs.uk/carersdirect or call the helpline on **0808 802 0202**

Ordering repeat prescriptions

Repeat prescriptions can be ordered online or by posting or dropping a request into the surgery into the post-box at the side of the main entrance using the prescription counterfoil. (If you have lost the counterfoil please write clear details of what you need along with your name, address and date of birth and use this instead). Your prescription will be sent to your nominated pharmacy 2 working days later. Please allow the community pharmacy time to get this ready for you.