



Do you or someone you know suffer from **Bipolar Disorder?**
Maybe we can help?



We provide assistance in areas such as -

- Financial and Debt
- DVLA and Welfare issues
- Employer and Employment advice
 - Well-being

One to one & group sessions, gentle walks, boat trips...

Making a significant, positive difference to the lives of Bipolar Disorder sufferers, their friends and families in Nottingham

For more information and to book your free place at our next event/meeting, contact Nahida on 07534138512

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